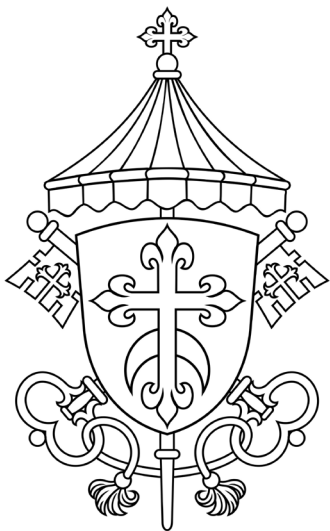


ST MARY'S CATHEDRAL



Solemn Vespers and Benediction

The Office of Evening Prayer

Twenty first Sunday
of the Year

WEEK I

23 August 2026
5.00pm

THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the centre of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The daily singing of Vespers is a regular part of the life and worship of St Mary's Cathedral.

**TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES
AND OTHER ELECTRONIC DEVICES.**

EXPOSITION OF THE BLESSED SACRAMENT

At the sound of the Sacristy bell all stand.

As the Blessed Sacrament is brought to the altar all kneel and sing:

VIII

O sa- lu- tá- ris Hósti- a, * Quae cæ-li pandis

ós- ti-um, Bella premunt hostí- li- a, Da ro- bur, fer au-

xí- li-um. 2. U- ni tri- nó- que Dómino Sit sempi- térna

gló- ri- a, Qui vitam si- ne tér- mino Nobis donet in

pátri- a. A- men.



ORDER OF VESPERS

INTRODUCTION TO THE OFFICE

℣. Deus, in adiutorium meum intende.	<i>O God, come to our aid.</i>
℟. Domine, ad adiuvandum me festina.	<i>O Lord, make haste to help us.</i>
Gloria Patri et Filio	<i>Glory be to the Father and to the Son</i>
et Spiritui Sancto.	<i>and to the Holy Spirit,</i>
Sicut erat in principio	<i>as it was in the beginning,</i>
et nunc et semper	<i>is now, and ever shall be,</i>
et in sæcula sæculorum. Amen. Alleluia.	<i>world without end. Amen. Alleluia.</i>

OFFICE HYMN

Lucis Creator optime,	<i>Blest Creator of the light,</i>
Lucem dierum proferens,	<i>Making day with radiance bright,</i>
Primordiis lucis novæ	<i>Thou didst o'er the forming earth</i>
Mundi parans originem.	<i>Give the golden light its birth.</i>
Qui mane iunctum vesperi	<i>Shade of eve with morning ray</i>
Diem vocari præcipis;	<i>Took from thee the name of day;</i>
Tætrum chaos illabitur;	<i>Darkness now is drawing nigh;</i>
Audi preces cum fletibus.	<i>Listen to our humble cry.</i>
Ne mens gravata crimine,	<i>May we ne'er by guilt depressed</i>
Vitæ sit exsul munere,	<i>Lose the way to endless rest;</i>
Dum nil perenne cogitat,	<i>Nor with idle thoughts and vain</i>
Sesesque culpis illigat.	<i>Bind our souls to earth again.</i>
Cælorum pulset intimum,	<i>Rather may we heavenward rise</i>
Vitale tollat præmium:	<i>Where eternal treasure lies;</i>
Vitemus omne noxium,	<i>Purified by grace within,</i>
Purgemus omne pessimum.	<i>Hating every deed of sin.</i>
Præsta Pater piissime,	<i>Father, what we ask be done</i>
Patrique compar Unice,	<i>Through thy well-beloved Son;</i>
Cum Spiritu Paraclito,	<i>With the Holy Ghost and thee</i>
Regnans per omne sæculum. Amen.	<i>Reigning through eternity. Amen.</i>

All sit.

PSALMODY

FIRST ANTIPHON

VIRGAM virtutis tuæ emittet Dominus ex Sion,
dominare in medio inimicorum tuorum.

*The Lord will send you his mighty sceptre from Sion,
rule in the midst of all your foes.*

PSALM 109 (110)

Dixit Dominus Domino meo: *The Lord's revelation to my Master:*
«Sede a dextris meis, *'Sit on my right:*

donec ponam inimicos tuos: *your foes I will put*
scabellum pedum tuorum». *beneath your feet.'*

Virgam potentiæ tuæ emittet Dominus ex Sion: *The Lord will wield from Zion your sceptre of power:*
dominare in medio inimicorum tuorum. *rule in the midst of all your foes.*

Tecum principatus in die virtutis tuæ, *A prince from the day of your birth*
in splendoribus sanctis: *on the holy mountains;*
ex utero ante luciferum genui te. *from the womb before the dawn I begot you.*

Iuravit Dominus et non pænitebit eum: *The Lord has sworn an oath he will not change.*
«Tu es sacerdos in æternum secundum *'You are a priest for ever,*
ordinem Melchisedech». *a priest like Melchizedek of old.'*

Dominus a dextris tuis: *The Master standing at your right hand*
conquassabit in die iræ suæ reges. *will shatter kings in the day of his wrath.*

De torrente in via bibet: *He shall drink from the stream by the wayside*
propterea exaltabit caput. *and therefore he shall lift up his head.*

Gloria Patri et Filio, *Glory be to the Father and to the Son*
et Spiritui Sancto. *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*
et in sæcula sæculorum. Amen. *world without end. Amen.*

The Antiphon is repeated.

SECOND ANTIPHON

EX Ægypto eduxisti nos,
Domine.

You brought us out of Egypt, Lord.

PSALM 113A (114)

In exitu Israel de Ægypto, *When Israel came forth from Egypt,*
domus Iacob de populo barbaro, *Jacob's sons from an alien people,*

factus est Iuda sanctuarium eius, *Judah became the Lord's temple,*
Israel potestas eius. *Israel became his kingdom.*

Mare vidit et fugit, *The sea fled at the sight:*
Iordanis conversus est retrorsum; *the Jordan turned back on its course,*

montes saltaverunt ut arietes, *the mountains leapt like rams*
et colles sicut agni ovium. *and the hills like yearling sheep.*

Quid est tibi, mare, quod fugisti? *Why was it, sea, that you fled,*
Et tu, Iordanis, *that you turned back, Jordan,*
quia conversus es retrorsum? *on your course?*

Montes, quod saltastis sicut arietes, *Mountains, that you leapt like rams;*
et colles, sicut agni ovium? *hills, like yearling sheep?*

A facie Domini contremisce, terra, *Tremble, O earth, before the Lord,*
a facie Dei Iacob, *in the presence of the God of Jacob,*

qui convertit petram *who turns the rock*
in stagna aquarum *into a pool*
et silicem in fontes aquarum. *and flint into a spring of water.*

Gloria Patri, et Filio, *Glory be to the Father and to the Son*
et Spiritui Sancto, *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*
et in sæcula sæculorum. Amen. *world without end. Amen.*

The Antiphon is repeated.

THIRD ANTIPHON

REGNAVIT Dominus Deus noster
Omnipotens, alleluia.

*The Lord is King: our God, the Almighty,
alleluia.*

CANTICLE

Apocalypse 19:1-2. 5-7

Alleluia.	Alleluia.
Salus et gloria et virtus Deo nostro:	<i>Salvation and glory and power belong to our God,</i>
Alleluia.	Alleluia.
quia vera et iusta iudicia eius.	<i>his judgements are true and just.</i>
Alleluia, alleluia.	Alleluia, alleluia.
Alleluia.	Alleluia.
Laudem dicite Deo nostro, omnes servi eius:	<i>Praise our God, all you his servants,</i>
Alleluia.	Alleluia.
et qui timetis eum, pusilli et magni!	<i>you who fear him, small and great.</i>
Alleluia, alleluia.	Alleluia, alleluia.
Alleluia.	Alleluia.
Quoniam regnavit Dominus,	<i>The Lord our God,</i>
Deus noster omnipotens:	<i>the Almighty, reigns,</i>
Alleluia.	Alleluia.
Gaudeamus et exsulemus et demus gloriam ei.	<i>let us rejoice and exult and give him the glory.</i>
Alleluia, alleluia.	Alleluia, alleluia.
Alleluia.	Alleluia.
Quia venerunt nuptiæ Agni:	<i>The marriage of the Lamb has come,</i>
Alleluia.	Alleluia.
et uxor eius præparavit se.	<i>and his bride has made herself ready.</i>
Alleluia, alleluia.	Alleluia, alleluia.
Alleluia.	Alleluia.
Gloria Patri et Filio:	<i>Glory be to the Father and to the Son</i>
Alleluia.	Alleluia.
et Spiritui Sancto.	<i>and to the Holy Spirit,</i>
Alleluia, alleluia.	Alleluia, alleluia.
Alleluia.	Alleluia.
Sicut erat in principio et nunc et semper	<i>as it was in the beginning, is now, and ever shall be,</i>
Alleluia.	Alleluia.
et in sæcula sæculorum. Amen.	<i>world without end. Amen.</i>
Alleluia, alleluia.	Alleluia, alleluia.

The Antiphon is repeated.

Blessed be the God and Father of our Lord Jesus Christ, a gentle Father and the God of all consolation, who comforts us in all our sorrows, so that we can offer others, in their sorrows, the consolation that we have received from God ourselves.

SHORT RESPONSORY

Benedictus es, Domine, *Blessed are you, O Lord,*
in firmamento cæli. *in the vault of heaven.*

℣ Et laudabilis et gloriosus *You are exalted and glorified above all else*
in sæcula. ℟ *for ever.*

℣ Gloria Patri et Filio *Glory be to the Father and to the Son*
et Spiritui Sancto. ℟ *and to the Holy Spirit.*

All stand.

MAGNIFICAT ANTIPHON

QUODCUMQUE ligaveris super terram, erit ligatum et in cælis: et quodcumque solveris super terram, erit solutum et in cælis, dicit Dominus Simoni Petro.

*Whatever you bind on earth shall be considered bound in heaven;
whatever you loose on earth shall be considered loosed in heaven,
said the Lord to Simon Peter.*

MAGNIFICAT

Magnificat in F

Sir George Dyson (1883–1964)

MY soul doth magnify the Lord,
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the lowliness of his handmaiden.
For behold, from henceforth all generations shall call me blessed.
For he that is mighty hath magnified me; and holy is his Name.
And his mercy is on them that fear him throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.
He hath filled the hungry with good things;
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel,
as he promised to our forefathers, Abraham and his seed, for ever.
Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Antiphon is repeated.

INTERCESSIONS

Christ is the Head of his body, the Church, and we are members of that body;
gathered this evening to pray in his name, we say:



℣ Exaudíre di-gnéris. ℟ **Te, rogamus, audi nos.**

May your Church be a light to the nations, the sign and source of your power to unite
all: may she lead mankind to the mystery of your love. ℟

Guide the Pope, and all the bishops of your Church: grant them the gifts of unity, of
love, and of peace. ℟

Lord, give peace to our troubled world and give to your children security of mind,
and freedom from anxiety. ℟

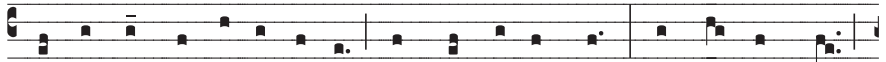
Help us to bring your compassion to the poor, the sick, the lonely, the unloved; lead
us to find you in the coming week. ℟

Awaken the dead to a glorious resurrection: may we be united with them at the end
of time. ℟

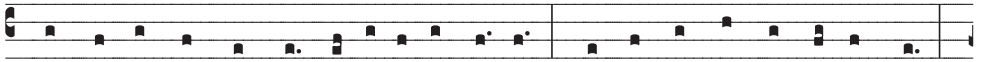
At the Saviour's command and formed by divine teaching, we dare to say:

All sing

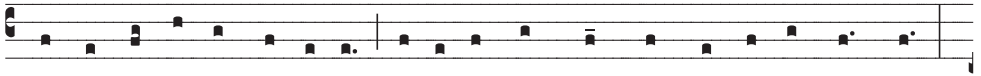
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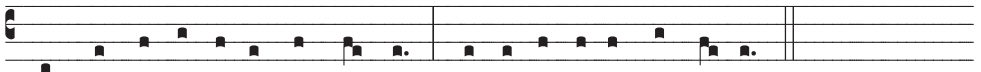
UR Father, who art in heaven, hallowed be thy name; thy kingdom come,



thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,



and forgive us our trespasses, as we for-give those who trespass a-gainst us;



and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

COLLECT

LORD, by your grace we are made one in mind and heart. Give us a love for what you command and a longing for what you promise, so that, amid this world's changes, our hearts may be set on the world of lasting joy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

✠ **Amen.**

The Choir sings

THE MOTET

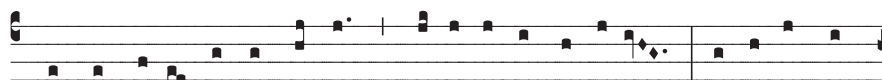
QUODCUMQUE ligaveris super terram erit ligatum et in cælis, et quodcumque solveris super terram erit solutum et in cælis: et tibi dabo claves regni cælorum.

What you forbid on earth shall be forbidden in heaven, and whatever you allow on earth shall be allowed in heaven. And I will give you the keys of the kingdom of heaven.

Giovanni Pierluigi da Palestrina (1525–1594)

All sing

T



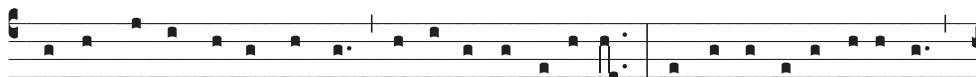
ANTUM er-go Sa-craméntum * Vene-rémur cérnú-i : et an-tí-quum
Therefore we, before him bending, this great Sacrament revere; types and shadows



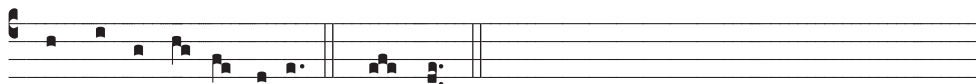
do-cuméntum No-vo ce-dat rí-tu-i : præstet fi-des suppleméntum
have their ending, for the newer rite is here; faith our outward sense befriending,



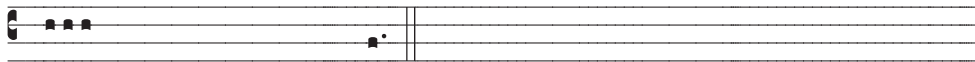
sénsu-um de-féc-tu-i. Ge-ni-tó-ri, Ge-ni-tó-que laus et iu-bi-la-ti-o,
makes our inward vision clear. Glory let us give and blessing to the Father and the Son,



sa-lus, honor, virtus quoque sit et be-ne-dícti-o : pro-ce-dénti ab utró-que
honour, thanks, and praise addressing while eternal ages run; ever too his love confessing,



compar sit lau-dá-ti-o. A- men.
who from both with both is One.



∇ Panem de cælo præstitisti e- is.
You gave them bread from heaven.



∇ **Omne delectaméntum in se habén- tem.**
Containing in itself all sweetness.

Oremus.

Let us pray.

DEUS, qui nobis sub sacramento
mirabili passionis tuæ memoriam
reliquisti: tribue quæsumus, ita nos corporis
et sanguinis tui sacra mysteria venerari; ut
redemptionis tuæ fructum in nobis iugiter
sentiamus. Qui vivis et regnas in sæcula
sæculorum.

*O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray, so to revere the sacred
mysterries of your Body and Blood that we
may always experience in ourselves the
fruits of your redemption, who lives and
reigns for ever and ever.*

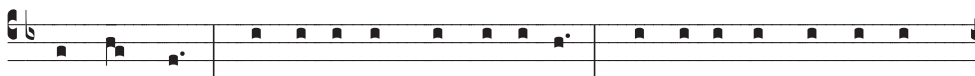
∇ **Amen.**

BENEDICTION *is given.*

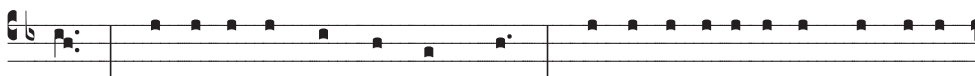
THE DIVINE PRAISES



Blessèd be God. Blessèd be his Holy Name. Blessèd be Jesus Christ, true God



and true Man. Blessèd be the Name of Je-sus. Blessèd be his Most Sacred



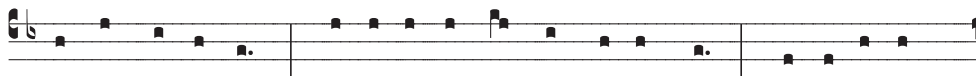
Heart. Blessèd be his Most Precious Blood. Blessèd be Jesus in the Most Holy



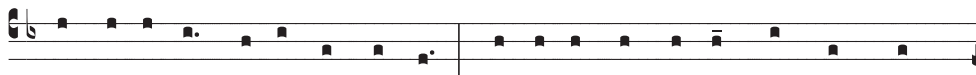
Sacrament of the Al-tar. Blessèd be the Holy Spi-rit, the Pa-raclete. Blessèd be



the great Mother of God, Ma-ry most Ho-ly. Blessèd be her Holy and Imma-



cu-late Conception. Blessèd be her Glorious Assumption. Blessèd be the

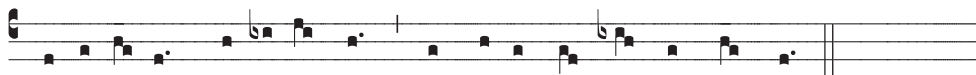


name of Ma-ry, Virgin and Mother. Blessèd be Saint Joseph, her most chaste



spouse. Blessèd be God in his Angels and in his Saints.

As the Blessed Sacrament is reposed, all sing



A-do-ré-mus * in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

Laudate Dominum omnes gentes:
laudate eum omnes populi.

*O praise the Lord, all you nations,
acclaim his all you peoples!*

Quoniam confirmata est super nos
misericordia eius:
et veritas Domini manet in æternum.

*Strong is his
love for us;
he is faithful for ever.*

Gloria Patri, et Filio:
et Spiritui Sancto,

*Glory be to the Father and to the Son
and to the Holy Spirit,*

sicut erat in principio, et nunc et semper:
et in sæcula sæculorum. Amen.

*as it was in the beginning, is now, and ever shall be,
world without end. Amen.*



A-do-ré-mus * in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

All sing

THE ANTIPHON TO THE BLESSED VIRGIN MARY

S

Al-ve, Re-gí-na, * ma-ter mi-se-ri-cór-di-ae : Vi-ta, dul-cé-do, et spes
Hail, holy Queen, Mother of Mercy, our life, our sweetness and

nostra, sal-ve. Ad te clamámus, éx-su-les, fí-li-i Hevae. Ad te su-spi-rámus,
our hope, hail. To thee do we cry, poor banished children of Eve; to thee do we send up

ge-méntes et flén-tes in hac la-crimárum val-le. E-ia er-go, Ad-vo-cá-ta
our sighs, mourning and weeping in this valley of tears. Turn then, most gracious

nos-tra, il-los tu-os mi-se-ri-cór-des ó-cu-los ad nos con-vér-te. Et le-sum,
advocate, thine eyes of mercy toward us; And show

be-ne-díctum fructum ventris tu-i, no-bis post hoc ex-sí-li-um os-tén-de.
unto us the blessed fruit of thy womb, Jesus, after this our exile.

O cle-mens : O pi-a : O dul-cis Vir-go Ma-rí-a.
O clement, O loving, O sweet Virgin Mary.

ORGAN VOLUNTARY

Prelude & Fugue in G (BWV 568 & 577)

Johann Sebastian Bach (1685–1750)

St Mary's Cathedral

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