



St Mary's Cathedral
SYDNEY

CATHEDRAL BULLETIN



FOURTEENTH SUNDAY IN ORDINARY TIME

2026

ST MARY'S CATHEDRAL PARISH
INCLUDING
ST COLUMBKILLE'S CHURCH,
MCELHONE STREET, WOOLLOOMOOLOO

THE LITURGY OF THE WORD



FIRST READING *Zechariah 9:9-10*

A reading from the prophet Zechariah

See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM *Ps 144:1-2, 8-11, 13-14*

R. I will praise your name for ever, my king and my God.

I will give you glory, O God my King,

I will bless your name for ever.

I will bless you day after day

and praise your name for ever. **R.**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R.**

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **R.**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R.**

SECOND READING *Romans 8:9, 11-13*

A reading from the letter of St Paul to the Romans

If by the Spirit you put an end to the misdeeds of the body, you will live.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION *cf Matthew 11:25*

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.

Alleluia!

GOSPEL *Matthew 11:25-30*

A reading from the holy Gospel according to Matthew

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

WORD FROM THE (ACTING) DEAN



Dear Cathedral Parishioners and Visitors,

Hundreds and thousands of tourists and worshippers grace our beautiful cathedral each year. Whilst all are welcome, we often run into some confusion at communion time. Some people join the line because that is what everyone else does. More complicated than that is the fact that we have many non-Catholic Christian brothers and sisters who move forward with the mentality that “it is exactly the same at my church.” Our Catechism states, ‘Ecclesial communities derived from the Reformation and separated from the Catholic Church, have not preserved the proper reality of the Eucharistic Mystery in its fullness, especially because of the absence of Holy Orders. It is for this reason, for the Catholic Church, Eucharistic intercommunion with these communities is not possible.’ (CCC 1400)

Furthermore, the doctrine of the real presence of Jesus in the Eucharist is not one believed by these Ecclesial communities. It is therefore right and proper for any non-Catholic Christian to remain in their pew or come forward for a blessing at communion time by crossing their hands over their chest. This respects their belief and ours.





I bring this to our attention this week as we celebrate the Passion of St Nicolass Pieck and Companions from Order of Friars Minor in the Netherlands. These brave souls defended the doctrine of the true presence of Jesus in the Eucharist. They did so in the face of great insults and torture by Calvinist communities. They were eventually executed by hanging.

This type of bravery should evoke in us a great love and reverence for our Catholic belief in the real presence of Jesus in the Eucharist. We should prepare properly through the sacrament of reconciliation and receive our Lord worthily and well. We must never walk away with Jesus in our hands, nor should we make the sign of the cross with Jesus in our hands. We receive God into our bodies reverently and immediately, on the hand or on the tongue.

Fr Benjamin Saliba
(Acting Dean)

UPCOMING LITURGIES AND EVENTS

July 2026

			4 <i>Saturday</i>	5 <i>Sunday</i> NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY PLEASE NOTE Today's 12.15pm Latin Mass has been moved to the Crypt and the 2pm Sunday Public Tour is cancelled – due to the 12.30pm Deanery Confirmations	6 <i>Monday</i> <i>St Maria Goretti</i>	7 <i>Tuesday</i> <i>St Peter to Rot</i>
						
8 <i>Wednesday</i> 6:30pm RCIA (Rite of Christian Initiation of Adults)	9 <i>Thursday</i> <i>St Augustine Zhao Rong & Companions</i> 6:30pm CITY COMPASS 	10 <i>Friday</i>	11 <i>Saturday</i> <i>St Benedict</i>	12 <i>Sunday</i> SEAFARERS SUNDAY 2pm Sunday Public Tour	13 <i>Monday</i> <i>St Henry</i>	14 <i>Tuesday</i> <i>St Camillus de Lellis</i>
15 <i>Wednesday</i> <i>St Bonaventure</i> 6:30pm RCIA (Rite of Christian Initiation of Adults)	16 <i>Thursday</i> <i>Our Lady of Mount Carmel</i> 6:30pm CITY COMPASS 	17 <i>Friday</i>	18 <i>Saturday</i>	19 <i>Sunday</i> 2pm Sunday Public Tour	20 <i>Monday</i> <i>St Apollinaris</i>	21 <i>Tuesday</i> <i>St Lawrence of Brindisi</i>

PLEASE NOTE: VESPERS SCHEDULE UPDATE

Due to the Cathedral Choir Europe Tour and School Holidays

- ❖ There are currently **no** Weekday and Sunday Vespers, except for Saturdays which is at the usual time of 5.30pm.
- ❖ Vespers Resumes as per regular timetable commencing from Sunday 19 July 2026.

CATHEDRAL NOTICES

**NAIDOC WEEK - (Sunday 5 July to Sunday 12 July 2026)
and Aboriginal and Torres Strait Islander Sunday – 5 July 2026**

The Catholic Archdiocese of Sydney acknowledges the Aboriginal and Torres Strait Islander Peoples as the First Nations Peoples of Australia, on whose ancestral land we live, serve, worship and work; the homelands of the Eora, Guringai, Dharawal, and Dharug peoples. St Mary's Cathedral stands on the traditional lands of the Gadigal people of the Eora nation. We pay our respects to Elders past, present and emerging.

SUPPORT THE CHARITABLE
WORKS OF THE HOLY FATHER

— † —

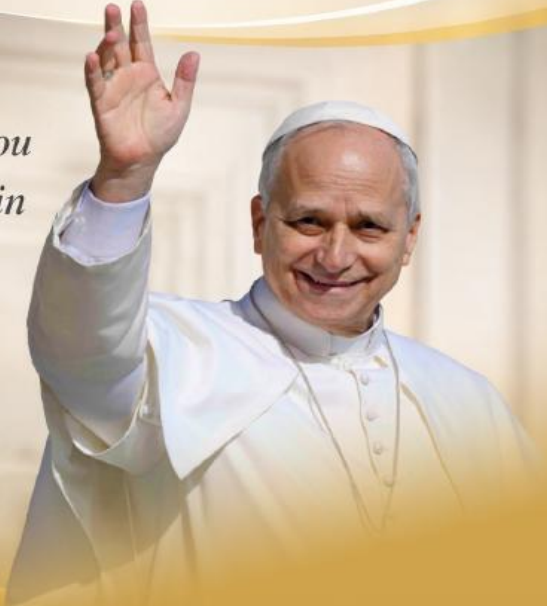
HOLY FATHER'S APPEAL

PETER'S PENCE 2026
4 - 5 JULY






“
*May the Lord make you
increase and abound in
love for one another
and for all.*
”

(1 Thess. 3:12)

Leo PP. XIV



4 Ways to Donate

- 1)  Scan to give 
- 2)  www.ourfaithourworks.org/give-to-holy-fathers-appeal
- 3)  1800 753 959
- 4)  Give through our parish collection



CATHOLIC ARCHDIOCESE OF SYDNEY
Safeguarding and Ministerial Integrity Office

Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

A message from the Archdiocese of Sydney:
Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police.

ELECTRONIC COLLECTION PLATES

The option to make an offering via credit card is available at this Mass.



Please note you can continue to donate with cash or pass the plate on.



**No photography
or videography
permitted while
Mass is in
progress.**



25% OFF*

**FOR ST MARY'S CATHEDRAL VISITORS
THIS SATURDAY & SUNDAY**

Present this flyer at the box office on St Mary's Cathedral forecourt
to receive your discount to a session this Saturday and Sunday.

*Limited tickets available for sessions. Get in early.

S I S T I N E C H A P E L
REVELATIONS
AN IMMERSIVE EXHIBITION



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VATICANI

End 19 July sistinechapelsydney.com.au

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