

MUSIC AT THE  
SUNDAY 9.00am  
MASS



FOURTH  
SUNDAY  
OF LENT  
*Lætare*

All sing the PROCESSIONAL HYMN



God is love: his the care, Tend-ing each, ev - ery-where.



God is love, all is there! Je - sus came to show him,



That man - kind might know him!



Sing a - loud, loud, loud! Sing a - loud, loud, loud! God is



good! God is truth! God is beau - ty! Praise him!

None can see God above;  
We can share life and love;  
Thus may we Godward move,  
Seek him in creation,  
Holding every nation.

*Sing aloud, loud, loud!*  
*Sing aloud, loud, loud!*  
*God is good!*  
*God is truth!*  
*God is beauty! Praise him!*

To our Lord praise we sing,  
Light and life, friend and King,  
Coming down, love to bring,  
Pattern for our duty,  
Showing God in beauty.

## THE INTRODUCTORY RITES

*All make the Sign of the Cross as the Celebrant says*

In the name of the Father, and of the Son, and of the Holy Spirit.

℟: **Amen.**

The Lord be with you.

℟: **And with your spirit.**

### PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*After a brief silence all say*

**I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,**

*All strike their breast thrice, saying*

**through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

*The Celebrant gives the absolution, saying*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

℟: **Amen.**

*All repeat each line of the KYRIE, after it has been sung by the Cantor.*



# THE LITURGY OF THE WORD

FIRST READING

*2 Chronicles 36:14-16,19-23*

RESPONSORIAL PSALM

*Psalm 136:1-6* ☩ v.6



☩ **O let my tongue cleave to my mouth if I remember you not.**

SECOND READING

*Ephesians 2:4-10*

GOSPEL ACCLAMATION



☩ **Praise to you, Lord Jesus Christ, king of endless glory!**

GOSPEL

*John 3:14-21*

HOMILY

PROFESSION OF FAITH

**I BELIEVE** in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

*All bow during the following line:*

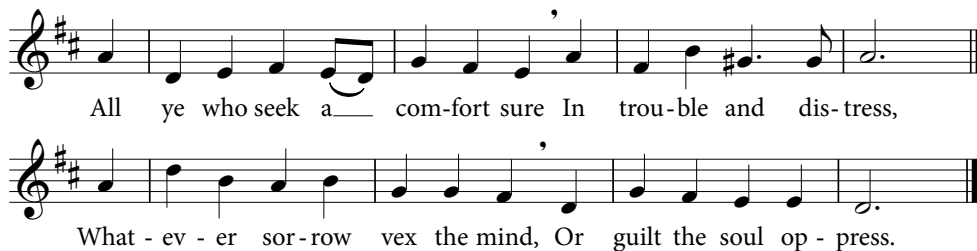
**and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

**For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

UNIVERSAL PRAYER

# THE LITURGY OF THE EUCHARIST

All sing the OFFERTORY HYMN



All ye who seek a com-fort sure In trou-ble and dis-tress,  
What - ev - er sor-row vex the mind, Or guilt the soul op - press.

**Jesus, who gave himself for you  
Upon the Cross to die,  
Opens to you his Sacred Heart;  
O to that heart draw nigh.**

**Ye hear how kindly he invites;  
Ye hear his words so blest –  
'All ye that labour come to me,  
And I will give you rest.'**

**O Jesus, joy of saints on high,  
Thou hope of sinners here,  
Attracted by those loving words  
To thee I lift my prayer.**

**Wash thou my wounds in that dear blood  
Which forth from thee doth flow;  
New grace, new hope inspire, a new  
And better heart bestow.**

*St Bernard  
Adapted from a melody in Tochter Sion  
Cologne (1741)*

*Quicumque certum quaeritis  
18th century Latin  
tr. Edward Caswall (1814–1878)*

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

℟: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

℟: **Amen.**

## THE EUCHARISTIC PRAYER

**T** HE Lord be with you. ℟: **And with your spi-rit.**

Lift up your hearts. ℟: **We lift them up to the Lord.**

Let us give thanks to the Lord our God. ℟: **It is right and just.**

THE PREFACE

All sing the SANCTUS

Mass of Perpetual Help

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. —  
Heav'n and earth, heav'n and earth are full — of — your glo - ry. Ho -  
san - na, ho - san - na in — the high - est.  
Bless-ed is he, bless-ed is he who comes in the name of the Lord. —  
— Ho - san - na, ho - san - na in — the high - est.

All sing the MEMORIAL ACCLAMATION

**W**<sup>R</sup>HEN we eat this Bread and drink this Cup, we proclaim your Death,  
O Lord, until you come a-gain.

When the Celebrant sings

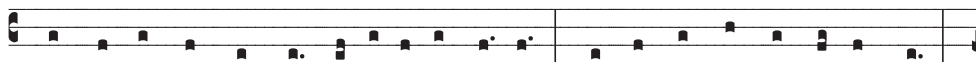
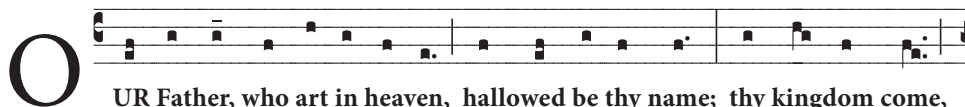
Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

All respond

**R**: A-men.

## COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:



thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,

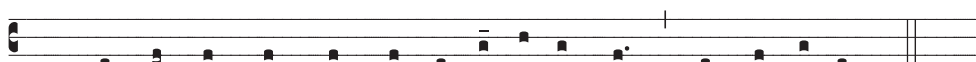


and forgive us our trespasses, as we for-give those who trespass a-gainst us;



and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



℟: **For the kingdom, the power and the glo-ry are yours now and for ev-er.**

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

℟: **Amen.**

The peace of the Lord be with you always.

℟: **And with your spirit.**

Lamb of God, you take a - way the sins of the world, have  
mer - cy on us. Lamb of God, you take a - way the  
sins of the world, have mer - cy on us.  
Lamb of God, you take a - way the sins of the  
world, grant us peace.

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

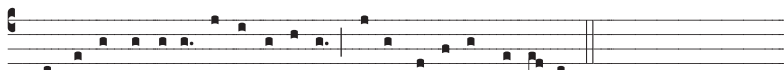
℣: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion.*

*The sacred host must be consumed in the presence of the communion minister.*

All sing the COMMUNION ANTIPHON

Psalm 121: 3-4



℣: **At-tén-de Dómine, et mi-se-ré-re, qui-a peccá-vi-mus tí-bi.**

*Hear us, O Lord, and have mercy upon us, for we have sinned against you.*

Jerusalem is built as a city bonded as one together. It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord. ℣:

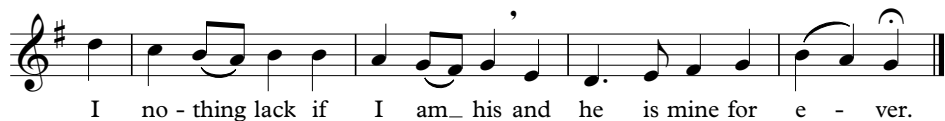
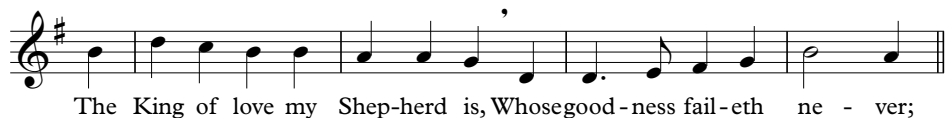
I rejoiced when I heard them say: Let us go to God's house. And now our feet are standing within your gates, O Jerusalem. ℣:

For the peace of Jerusalem pray: Peace be to your homes! May peace reign in your walls, in your palaces, peace! ℣:

For love of my brethren and | friends I say: Peace upon you. For love of the house of the Lord I will ask for your good. ℣:



All sing the Post COMMUNION HYMN



Where streams of living water flow  
My ransomed soul he leadeth,  
And where the verdant pastures grow  
With food celestial feedeth.

Perverse and foolish oft I strayed,  
But yet in love he sought me,  
And on his shoulder gently laid,  
And home, rejoicing, brought me.

In death's dark vale I fear no ill  
With thee, dear Lord, beside me;  
Thy rod and staff my comfort still,  
Thy Cross before to guide me.

Thou spread'st a table in my sight;  
Thy unction grace bestoweth:  
And O what transport of delight  
From thy pure chalice floweth!

And so through all the length of days  
Thy goodness faileth never;  
Good Shepherd, may I sing thy praise  
Within thy house for ever.

*Dominus regit me*  
J.B. Dykes (1823-1876)

*Psalm 22(23)*  
Sir Henry Williams Baker (1821-1877)

PRAYER AFTER COMMUNION

℟: **Amen.**

THE CONCLUDING RITES

The Lord be with you.

℟: **And with your spirit.**

Bow down for the blessing.

**L**OOK upon those who call to you, O Lord,  
and sustain the weak;  
give life by your unfailing light  
to those who walk in the shadow of death,  
and bring those rescued by your mercy from every evil  
to reach the highest good.  
Through Christ our Lord.

℟: **Amen.**

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit,  
come down upon you and remain with you forever.

℟: **Amen.**

Go forth, the Mass is ended.

℟: **Thanks be to God.**

*Liturgical law requires that solo organ music is not played during Lenten services.*

**St Mary's Cathedral**

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## St Mary's Cathedral Training Choir is launching from February 2024 for Boys and Girls in Years 1-3

This group will be the foundation choir for the main Cathedral Choir, rehearsing every Thursday from 4:15pm to 5:30pm in the Cathedral Song School. Run by experienced vocal specialist Anna Sandström, this free-to-access ensemble is available to any child with an interest in singing.

To register your interest, please scan the QR code and complete the online form.

