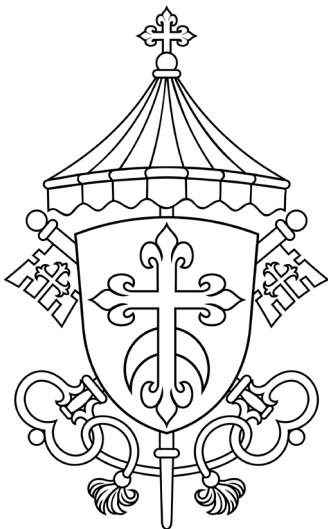


# ST MARY'S CATHEDRAL



## Solemn Mass

First Sunday  
of Lent

18 February 2024  
10.30am

## ELECTRONIC COLLECTION PLATES

The option to make an offering via credit card is available at this Mass.



*Please note you can continue to donate with cash or pass the plate on.*



No photography or videography permitted while Mass is in progress.

# WELCOME

to St Mary's Cathedral which stands in the centre of Sydney as a Christian statement of grace and beauty. Generations of artists have bequeathed to it their magnificent gifts in stone and glass, designing a unique space of solace and prayer within this vibrant city. This Cathedral represents the spiritual origins of the Catholic Church in Australia. It is one of Sydney's most treasured historic buildings and one of the finest examples of English-style gothic churches in the world. William Wilkinson Wardell, the 19th century architect, dreamed of a gothic structure shaped from the local yellow-block sandstone on which this city is built. The building was finally completed 100 years after the architect's death. The Cathedral is dedicated to Mary, Immaculate Mother of God, Help of Christians.

## THE CATHEDRAL CHOIR

St Mary's Cathedral Choir is the oldest musical institution in Australia. In 1818 a group of choristers was formed to sing Vespers before the Blessed Sacrament in the Dempsey household, the centre of Catholic worship in the penal colony. After the establishment of St Mary's Cathedral in 1833 the successors of these choristers formed the permanent Cathedral Choir. In faithfulness to the Benedictine English tradition from which the Cathedral's founders came, the Choir is formed of men and boys, preserving the historical character of Catholic liturgical and musical heritage. St Mary's is the only Catholic Cathedral in Australia to have an on-site Choir School where the twenty-four boy choristers are educated. The other parts of the Choir are provided by lay clerks who are professional singers. The Choir's primary function is to sing Vespers and Mass in the Cathedral which it does almost daily, but it has also undertaken several international tours, recordings and concert projects.

## REGULAR CHORAL SERVICES

Sunday	1030	<b>Solemn Mass</b> <i>Full Choir</i>
	1700	<b>Solemn Vespers and Benediction</b> <i>Men's voices</i>
Monday	1700	<b>Vespers</b> <i>Men's voices</i>
	1730	<b>Mass</b> <i>Full Choir</i>
Tuesday	1700	<b>Vespers</b> <i>Cantor</i>
	1730	<b>Mass</b> <i>Boys' voices</i>
Wednesday	1700	<b>Vespers</b> <i>Cathedral Scholars</i>
	1730	<b>Mass</b> <i>Cathedral Scholars</i>
Thursday	1700	<b>Vespers</b> <i>Men's voices</i>
	1730	<b>Mass</b> <i>Men's voices</i>

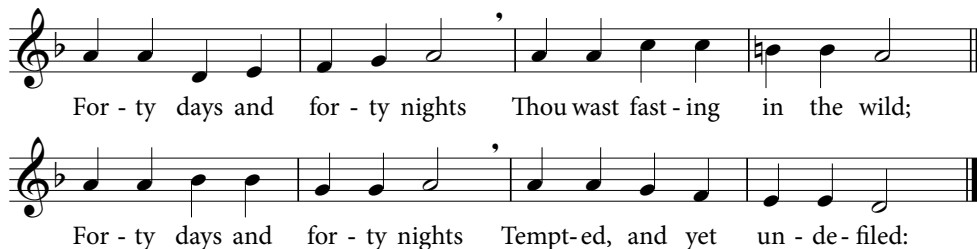
Download the weekly Music List at <http://musiclists.cathedralchoir.sydney>

**TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,  
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES  
AND OTHER ELECTRONIC DEVICES.**

# ORDER OF MASS

*At the sound of the Sacristy bell all stand and sing*

## THE HYMN



For - ty days and for - ty nights Thou wast fast - ing in the wild;  
For - ty days and for - ty nights Tempt-ed, and yet un - de - filed:

Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.

Shall not we thy sorrows share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with thee to suffer pain?

And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint or fail.

So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to thee.

Keep, O keep us, Saviour dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide.

# THE INTRODUCTORY RITES

*The Choir sings the INTROIT*

*cf. Psalm 90:15-16; 1*

**I**NVOCABIT me, et ego exaudiam eum: eripiam eum, et glorificabo eum: longitudine dierum adimplebo eum. ʒ. Qui habitat in adiutorio Altissimi, in protectione Dei cæli commorabitur.

*When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days. ʒ. He who dwells in the shelter of the Most High abides in the shade of the Almighty.*

*All make the Sign of the Cross as the Archbishop says*

In the name of the Father, and of the Son, and of the Holy Spirit.

ʒ: **Amen.**

Peace be with you.

ʒ: **And with your spirit.**

## PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*After a brief silence all say*

**I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,**

*All strike their breast thrice, saying*

**through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

*The Archbishop gives the absolution, saying*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

ʒ: **Amen.**

*The Choir sings the KYRIE*

*from Missa in honorem Sancti Dominici*

*Edmund Rubbra (1901–1986)*

Kyrie, eleison. Christe, eleison. Kyrie, eleison.

*Lord, have mercy. Christ, have mercy. Lord, have mercy.*

*The Archbishop says the COLLECT*

Let us pray.

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

℟: **Amen.**



**Q**UI habitat in adiutorio Altissimi, in protectione Dei cæli commorabitur. Dicet Domino: Susceptor meus es tu, et refugium meum, Deus meus: sperabo in eum.

*He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: My refuge, my stronghold, my God in whom I trust!*

GOSPEL

Mark 1:12-15

The Lord be with you.

℟: **And with your spirit.**

A reading from the holy Gospel according to Mark.

℟: **Glory to you, O Lord.**

*At the conclusion of the Gospel:*

The Gospel of the Lord.

℟: **Praise to you, Lord Jesus Christ.**

HOMILY



PROFESSION OF FAITH

**I BELIEVE** in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All bow during the following line:*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

UNIVERSAL PRAYER

# THE LITURGY OF THE EUCHARIST

*The Choir sings the OFFERTORY MOTET*

*George Malcolm CBE, KSG (1917–1997)*

**S**CAPULIS suis obumbrabit tibi Dominus, et sub pennis eius sperabis: scuto circumdabit te veritas eius.

*The Lord will overshadow you with his pinions, and under his wings you will find hope: his truth will surround you with its shield.*

*The Archbishop says*

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

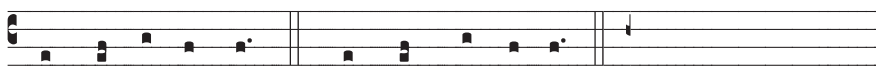
℟: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**


*The Archbishop says the PRAYER OVER THE OFFERINGS*

℟: **Amen.**

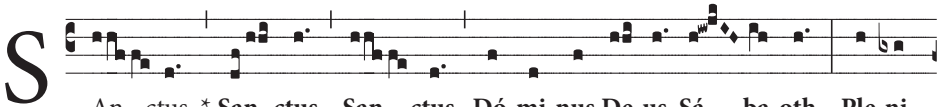
THE PREFACE

## THE EUCHARISTIC PRAYER

**T** HE Lord be with you. ℟: **And with your spi-rit.**

 Lift up your hearts. ℟: **We lift them up to the Lord.**

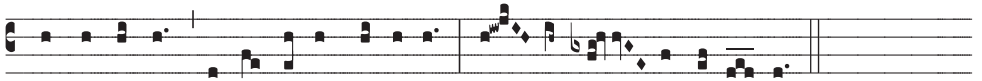
 Let us give thanks to the Lord our God. ℟: **It is right and just.**



An- ctus, \* San- ctus, San- ctus Dó-mi-nus De-us Sá- ba-oth. Ple-ni  
Holy, Holy, Holy Lord God of hosts.



sunt cæ- li et ter- ra gló-ri- a tu- a. Ho- sán-na in ex-cél-sis. Be-ne-díc-  
Heaven and earth are full of your glory. Hosanna in the highest. Blessed



tus qui ve-nit in nó-mine Dómi-ni. Ho- sán-na in excél- sis.  
is he who comes in the name of the Lord. Hosanna in the highest.

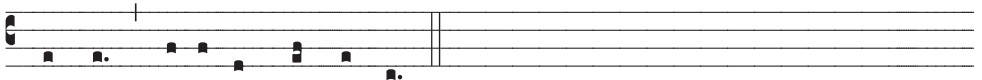
When the Archbishop sings

The mystery of faith.

All sing



WHEN we eat this Bread and drink this Cup, we proclaim your Death,

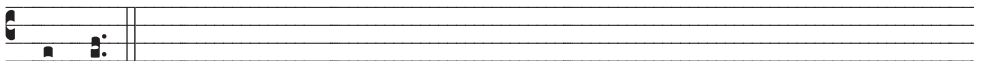


O Lord, until you come a-gain.

When the Archbishop sings

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

All respond

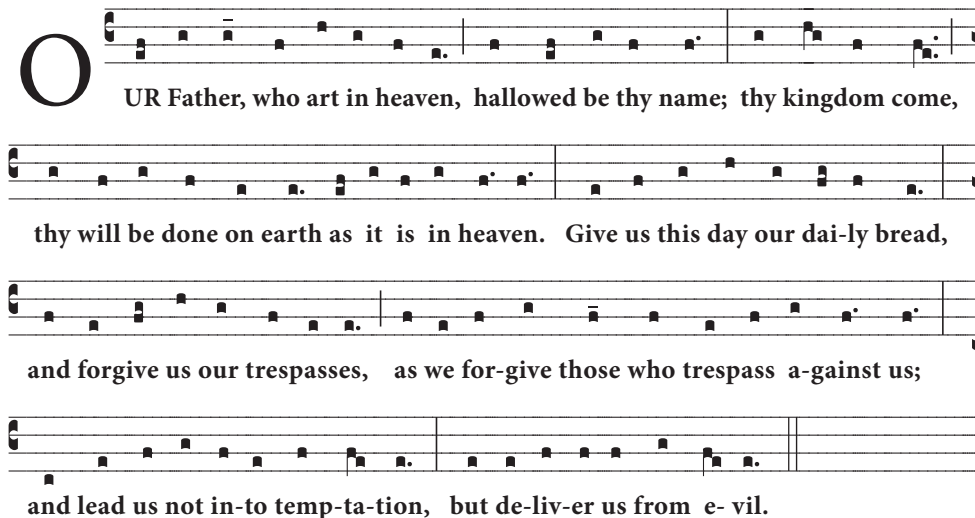


℣. A-men.

# COMMUNION RITE


At the Saviour's command and formed by divine teaching, we dare to say:

*All sing*



**O** UR Father, who art in heaven, hallowed be thy name; thy kingdom come,  
thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,  
and forgive us our trespasses, as we for-give those who trespass a-gainst us;  
and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



℟: For the kingdom, the power and the glo-ry are yours now and for ev-er.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

℟: **Amen.**

The peace of the Lord be with you always.

℟: **And with your spirit.**

*The Choir sings the* AGNUS DEI

*from* Missa in honorem Sancti Dominici

*Edmund Rubbra*

Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

*Lamb of God, you take away the sins of the world: have mercy on us.*  
*Lamb of God, you take away the sins of the world: have mercy on us.*  
*Lamb of God, you take away the sins of the world: grant us peace.*

*The Archbishop shows the host to the congregation, saying*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**℟: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

***Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion. The sacred host must be consumed in the presence of the communion minister.***

*The Choir sings the* COMMUNION ANTIPHON

*cf. Psalm 90:4-5*

Scapulis suis obumbrabit tibi, et sub pennis eius sperabis: scuto circumdabit te veritas eius.

*The Lord will conceal you with his pinions, and under his wings you will trust. His truth will be your shield.*

*The Choir sings the* COMMUNION MOTET

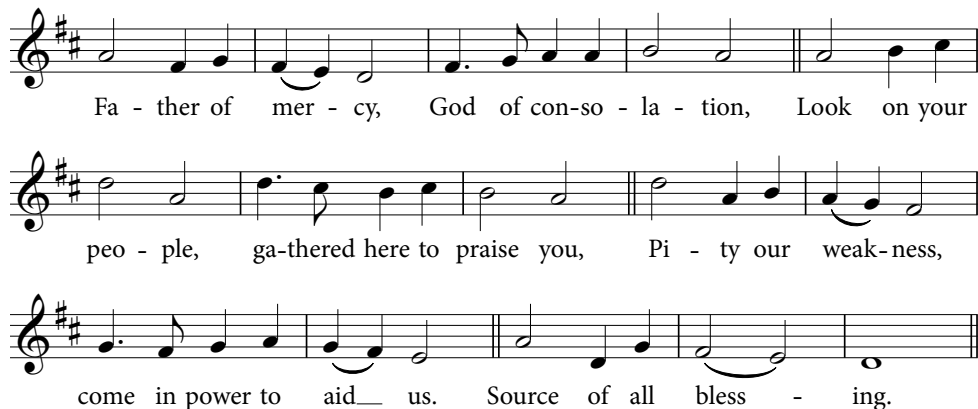
*William Byrd (c.1540–1623)*

**E**MENDEMUS in melius, quæ ignoranter peccavimus: ne subito præoccupati die mortis, quæramus spatium pænitiæ, et invenire non possumus. Attende, Domine, et miserere: quia peccavimus tibi. Adiuva nos, Deus salutaris noster: et propter honorem nominis tui libera nos.

*Let us correct our faults which we have committed in ignorance, let us not be taken unawares by the day of our death, looking in vain for leisure to repent. Hear us, O Lord, and show us your mercy, for we have sinned against you. Help us, O God our Saviour; for the sake of your name, O Lord, set us free.*

All sing

## THE HYMN



Fa - ther of mer - cy, God of con-so - la - tion, Look on your  
peo - ple, ga - thered here to praise you, Pi - ty our weak-ness,  
come in power to aid us. Source of all bless - ing.

**Son of the Father, Lord of all creation,  
Come as our Saviour, Jesus, friend of sinners,  
Grant us forgiveness, lift our downcast spirit,  
Heal us and save us.**

**Life-giving Spirit, be our light in darkness,  
Come to befriend us, help us bear our burdens,  
Give us true courage, breathe your peace around us,  
Stay with us always.**

**God in Three Persons, Father, Son, and Spirit,  
Come to renew us, fill your Church with glory,  
Grant us your healing, pledge of resurrection,  
Foretaste of heaven.**

*Christe sanctorum  
Paris Antiphonale (1681)*

*James Quinn SJ (1919–2010)*

*The Archbishop says the PRAYER AFTER COMMUNION*

℟: **Amen.**

## THE CONCLUDING RITES

The Lord be with you.

℟: **And with your spirit.**

Bow down for the blessing.

**M**AY bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation, virtue be strengthened in temptation, and eternal redemption be assured. Through Christ our Lord.

℟: **Amen.**

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you for ever.

℟: **Amen.**

Go forth, the Mass is ended.

℟: **Thanks be to God.**

*Liturgical law requires that solo organ music is not played during Lenten services.  
The Choir and sacred ministers return to the Sacristy in silence.*

### LATER TODAY IN THE CATHEDRAL

Solemn Vespers and Benediction *sung by the Lay Clerks  
of St Mary's Cathedral Choir*

**5.00pm**

# ***DO YOU KNOW A BOY WHO LOVES TO SING?***

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*For more information or to arrange an informal audition, please contact the Cathedral Music  
Department on (02) 9220 0481 or by email to [music@stmaryscathedral.org.au](mailto:music@stmaryscathedral.org.au)  
[www.cathedralchoir.sydney/about/choristers](http://www.cathedralchoir.sydney/about/choristers)*

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