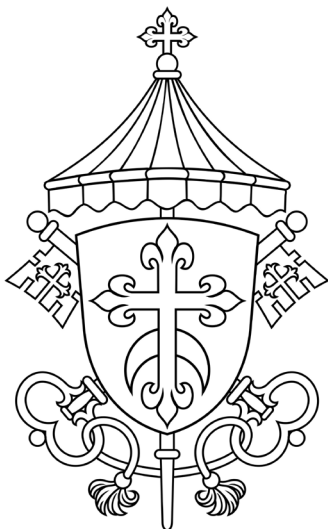


# ST MARY'S CATHEDRAL



## Solemn Vespers and Benediction

The Office of Evening Prayer

Fourth Sunday  
of the Year

WEEK IV

28 January 2024  
5.00pm

## THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the centre of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The public singing of Lauds and Vespers is a regular part of the life and worship of St Mary's Cathedral.

**TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,  
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES  
AND OTHER ELECTRONIC DEVICES.**

# EXPOSITION OF THE BLESSED SACRAMENT

*At the sound of the Sacristy bell all stand.*

*As the Blessed Sacrament is brought to the altar all kneel and sing:*



O sa - lu - tá - ris Hó - sti - a, Quae cae - li pan - dis ós - ti - um,  
*O saving Victim, opening wide the gate of Heaven to man below;*



Bel - la pre - munt ho - stí - li - a, Da ro - bur, fer au - xí - li - um.  
*Our foes press hard on every side; thine aid supply; thy strength bestow.*



U - ni tri - nó - que Dó - mi - no Sit sem - pi - tér - na gló - ri - a,  
*All praise and thanks to thee ascend, for ever more, blest one in three.*



Qui vi - tam si - ne tér - mi - no No - bis do - net in pá - tri - a.  
*O grant us life that shall not end, in our true native land with thee.*



A - men.

# ORDER OF VESPERS

## INTRODUCTION TO THE OFFICE

℣ Deus, in adiutorium meum intende.	<i>O God, come to our aid.</i>
℟ Domine, ad adiuvandam me festina.	<i>O Lord, make haste to help us.</i>
Gloria Patri et Filio et Spiritui Sancto.	<i>Glory be to the Father and to the Son and to the Holy Spirit,</i>
Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen. Alleluia.	<i>as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.</i>

## OFFICE HYMN

O lux, Beata Trinitas et principalis Unitas, iam sol recedit igneus: infunde lumen cordibus.	<i>O light, O blessed Trinity And princely might of Unity, the fiery sun now goes his way: shed thou within our hearts thy ray.</i>
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Te mane laudum carmine, te deprecemur vespere; te nostra supplex gloria per cuncta laudet sæcula.	<i>To thee our morning song of praise, to thee our evening prayer we raise; In humble worship thee adore and glory for evermore.</i>
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Christum rogamus et Patrem, Christi Patrisque Spiritum; unum potens per omnia, fove precantes, Trinitas. Amen.	<i>We pray the Father and the Son who, with the Spirit reign as one; O Trinity, containing all, console thy servants when they call. Amen.</i>
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*All sit.*

# PSALMODY

## FIRST ANTIPHON

**I**N splendoribus sanctis, ante luciferum genui te,  
alleluia.

*In holy splendour I begot you before the dawn, alleluia.*

## PSALM 109 (110)

Dixit Dominus Domino meo: *The Lord's revelation to my Master:*  
«Sede a dextris meis, *'Sit on my right:*

donec ponam inimicos tuos: *your foes I will put*  
scabellum pedum tuorum». *beneath your feet.'*

Virgam potentiae tuae emittet Dominus ex Sion: *The Lord will wield from Zion your sceptre of power:*  
dominare in medio inimicorum tuorum. *rule in the midst of all your foes.*

Tecum principatus in die virtutis tuae, *A prince from the day of your birth*  
in splendoribus sanctis: *on the holy mountains;*  
ex utero ante luciferum genui te. *from the womb before the dawn I begot you.*

Iuravit Dominus et non pænitebit eum: *The Lord has sworn an oath he will not change.*  
«Tu es sacerdos in æternum secundum *'You are a priest for ever,*  
ordinem Melchisedech». *a priest like Melchizedek of old.'*

Dominus a dextris tuis: *The Master standing at your right hand*  
conquassabit in die iræ suæ reges. *will shatter kings in the day of his wrath.*

De torrente in via bibet: *He shall drink from the stream by the wayside*  
propterea exaltabit caput. *and therefore he shall lift up his head.*

Gloria Patri et Filio, *Glory be to the Father and to the Son*  
et Spiritui Sancto. *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen. *world without end. Amen.*

## ANTIPHON

**I**N splendoribus sanctis, ante luciferum genui te,  
alleluia.

*In holy splendour I begot you before the dawn, alleluia.*

## SECOND ANTIPHON

**B**EATI pacifici, beati mundo corde, quoniam ipsi  
Deum videbunt.

*Blessed are the peacemakers, blessed are the pure in heart,  
for they shall see God.*

### PSALM 111 (112)

Beatus vir, qui timet Dominum: in mandatis eius cupit nimis.	<i>Happy the man who fears the Lord, who takes delight in all his commands.</i>
Potens in terra erit semen eius: generatio rectorum benedicetur.	<i>His sons will be powerful on earth; the children of the upright are blessed.</i>
Gloria et divitiæ in domo eius: et iustitia eius manet in sæculum sæculi.	<i>Riches and wealth are in his house; his justice stands firm for ever.</i>
Exortum est in tenebris lumen rectis: misericors et miserator et iustus.	<i>He is a light in the darkness for the upright: he is generous, merciful and just.</i>
Lucundus homo, qui miseretur et commodat, disponet res suas in iudicio: quia in æternum non commovebitur.	<i>The good man takes pity and lends, he conducts his affairs with honour. The just man will never waver:</i>
In memoria æterna erit iustus: auditione mala non timebit.	<i>he will be remembered for ever. He has no fear of evil news;</i>
Paretem cor eius, sperans in Domino, confirmatum est cor eius, non timebit: donec despiciat inimicos suos.	<i>with a firm heart he trusts in the Lord. With a steadfast heart he will not fear; he will see the downfall of his foes.</i>
Distribuit, dedit pauperibus; iustitia eius manet in sæculum sæculi: cornu eius exaltabitur in gloria.	<i>Open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory.</i>
Peccator videbit et irascetur, dentibus suis fremet et tabescet: Desiderium peccatorum peribit.	<i>The wicked man sees and is angry, grinds his teeth and fades away; the desire of the wicked leads to doom.</i>
Gloria Patri et Filio, et Spiritui Sancto.	<i>Glory be to the Father and to the Son and to the Holy Spirit,</i>
Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.	<i>as it was in the beginning, is now, and ever shall be, world without end. Amen.</i>

*The Antiphon is repeated.*

### THIRD ANTIPHON

**L**AUDEM dicite Deo nostro, omnes servi eius, pusilli  
et magni, alleluia.

*Praise God, all you his servants, both great and small,  
alleluia.*

### CANTICLE

#### Apocalypse 19:1-2. 5-7

Alleluia.	<i>Alleluia.</i>
Salus et gloria et virtus Deo nostro:	<i>Salvation and glory and power belong to our God,</i>
Alleluia.	<i>Alleluia.</i>
quia vera et iusta iudicia eius.	<i>his judgements are true and just.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Laudem dicite Deo nostro, omnes servi eius:	<i>Praise our God, all you his servants,</i>
Alleluia.	<i>Alleluia.</i>
et qui timetis eum, pusilli et magni!	<i>you who fear him, small and great.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Quoniam regnavit Dominus,	<i>The Lord our God,</i>
Deus noster omnipotens:	<i>the Almighty, reigns,</i>
Alleluia.	<i>Alleluia.</i>
Gaudeamus et exultemus et demus gloriam ei.	<i>let us rejoice and exult and give him the glory.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Quia venerunt nuptiæ Agni:	<i>The marriage of the Lamb has come,</i>
Alleluia.	<i>Alleluia.</i>
et uxor eius præparavit se.	<i>and his bride has made herself ready.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Gloria Patri et Filio:	<i>Glory be to the Father and to the Son</i>
Alleluia.	<i>Alleluia.</i>
et Spiritui Sancto.	<i>and to the Holy Spirit,</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Sicut erat in principio et nunc et semper	<i>as it was in the beginning, is now, and ever shall be,</i>
Alleluia.	<i>Alleluia.</i>
et in sæcula sæculorum. Amen.	<i>world without end. Amen.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>

*The Antiphon is repeated.*

**W**HAT you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a 'first-born son' and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant and a blood for purification which pleads more insistently than Abel's.

### SHORT RESPONSORY

Magnus Dominus noster, *Great is our Lord;*  
Et magna virtus eius. *great is his might.*

∿ Et sapientiæ eius *His wisdom*  
non est numerus. ∿ *can never be measured.*

∿ Gloria Patri et Filio *Glory be to the Father and to the Son*  
et Spiritui Sancto. ∿ *and to the Holy Spirit.*

*All stand.*

### MAGNIFICAT ANTIPHON

**M**IRABANTUR omnes qui audiebant, dicentes: Quidnam est hoc? Spiritibus immundis imperat, et oboediunt ei.

*All who heard were astonished, saying: What is this? He gives orders even to unclean spirits and they obey him.*



## MAGNIFICAT

Primi toni

Francisco Guerrero (1528–1599)

Magnificat     *My soul*  
anima mea Dominum,     *glorifies the Lord,*

et exsultavit spiritus meus     *my spirit rejoices*  
in Deo salutari meo,     *in God, my Saviour.*

quia respexit humilitatem ancillæ suæ.     *He looks on his servant in her lowliness;*  
Ecce enim ex hoc beatam me dicent     *henceforth all ages*  
omnes generationes,     *will call me blessed.*

quia fecit mihi magna, qui potens est,     *The Almighty works marvels for me.*  
et sanctum nomen eius,     *Holy his name!*

et misericordia eius a progenie in progenies     *His mercy is from age to age,*  
timentibus eum.     *on those who fear him.*

Fecit potentiam in brachio suo,     *He puts forth his arm in strength*  
dispersit superbos mente cordis sui;     *and scatters the proud-hearted.*

deposuit potentes de sede;     *He casts the mighty from their thrones*  
et exaltavit humiles;     *and raises the lowly.*

esurientes implevit bonis     *He fills the starving with good things,*  
et divites dimisit inanes.     *sends the rich away empty.*

Suscepit Israel puerum suum,     *He protects Israel, his servant,*  
recordatus misericordiæ suæ,     *remembering his mercy,*

sicut locutus est ad patres nostros,     *the mercy promised to our fathers,*  
Abraham et semini eius in sæcula.     *to Abraham and his sons for ever.*

Gloria Patri et Filio,     *Glory be to the Father and to the Son*  
et Spiritui Sancto.     *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper     *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen.     *world without end. Amen.*

*The Antiphon is repeated.*

## INTERCESSIONS

In the Church, God has made known to us his hidden purpose: to make all things one in Christ. Let us pray that his will may be done.

℟. **Father, unite all things in Christ.**

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together. ℟.

We give you thanks for all those whose work proclaims your love: help us to serve the communities in whose life we share. ℟.

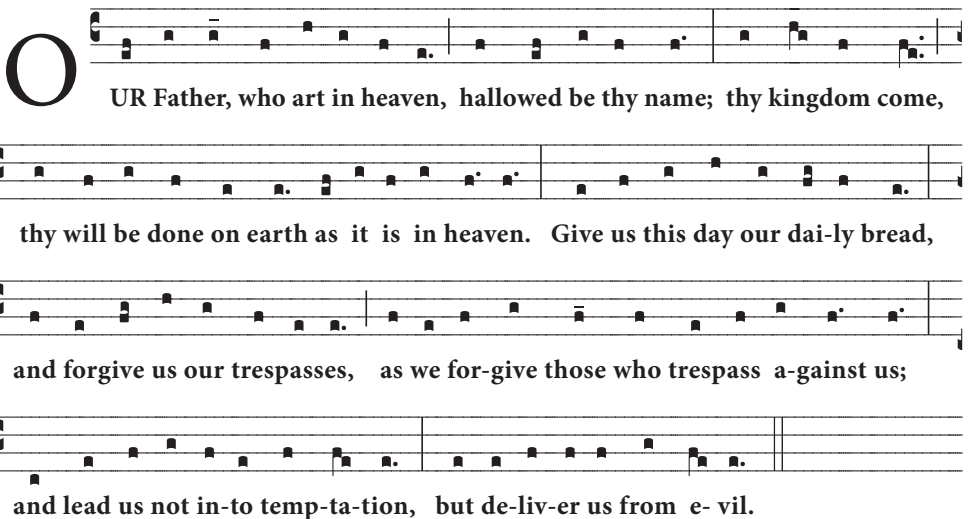
Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed. ℟.

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son. ℟.

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all. ℟.

At the Saviour's command and formed by divine teaching, we dare to say:

*All sing*



**O** UR Father, who art in heaven, hallowed be thy name; thy kingdom come,  
thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,  
and forgive us our trespasses, as we for-give those who trespass a-gainst us;  
and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

## COLLECT

**L**ORD our God, make us love you above all things, and all our fellow-men with love that is worthy of you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

℟: **Amen.**

*The Choir sings*


## THE MOTET

**B**ONUM est confiteri Domino, et psallere nomini tuo, Altissime.

*It is good to give thanks unto the Lord, and to sing in honour of your name, O Most High.*

*Giovanni Pierluigi da Palestrina (1525–1594)*


All sing



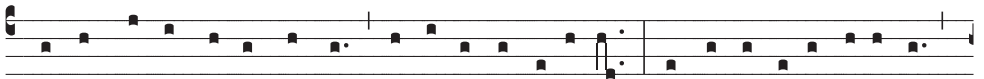
**T** ANTUM er-go Sa-craméntum \* Vene-rémur cérnu-i : et an-tí-quum  
*Therefore we, before him bending, this great Sacrament revere; types and shadows*



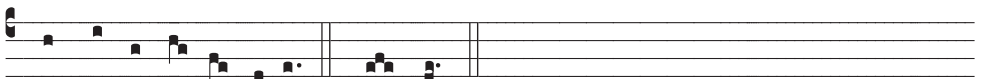
do-cuméntum No-vo ce-dat rí-tu-i : præstet fi-des suppleméntum  
*have their ending, for the newer rite is here; faith our outward sense befriending,*



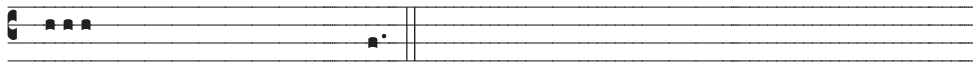
sénsu-um de-féc-tu-i. Ge-ni-tó-ri, Ge-ni-tó-que laus et iu-bi-la-ti-o,  
*makes our inward vision clear. Glory let us give and blessing to the Father and the Son,*



sa-lus, honor, virtus quoque sit et be-ne-dícti-o : pro-ce-dénti ab utró-que  
*honour, thanks, and praise addressing while eternal ages run; ever too his love confessing,*



compar sit lau-dá-ti-o. A-men.  
*who from both with both is One.*



∇ Panem de cælo præstitisti e- is.  
*You gave them bread from heaven.*



℞ **Omne delectaméntum in se habén- tem.**  
*Containing in itself all sweetness.*

Oremus.

Let us pray.

**D**EUS, qui nobis sub sacramento mirabili passionis tuæ memoriam reliquisti: tribue quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari; ut redemptionis tuæ fructum in nobis iugiter sentiamus. Qui vivis et regnas in sæcula sæculorum.

*O God, who in a wonderful Sacrament has left us a memorial of your passion: grant us so to venerate the sacred mysteries of your Body and Blood, that we may perceive within ourselves the fruit of thy redemption; who lives and reigns for ever and ever.*

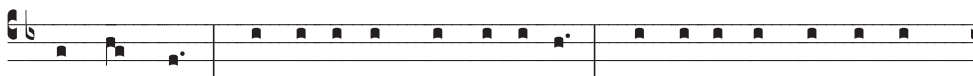
℞ **Amen.**

BENEDICTION *is given.*

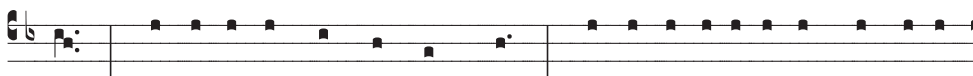
### THE DIVINE PRAISES



Blessèd be God. Blessèd be his Holy Name. Blessèd be Jesus Christ, true God



and true Man. Blessèd be the Name of Je-sus. Blessèd be his Most Sacred



Heart. Blessèd be his Most Precious Blood. Blessèd be Jesus in the Most Holy



Sacrament of the Al-tar. Blessèd be the Holy Spi-rit, the Pa-raclete. Blessèd be



the great Mother of God, Ma-ry most Ho-ly. Blessèd be her Holy and Imma-



cu-late Conception. Blessèd be her Glorious Assumption. Blessèd be the



name of Ma-ry, Virgin and Mother. Blessèd be Saint Joseph, her most chaste



spouse. Blessèd be God in his Angels and in his Saints.

*As the Blessed Sacrament is reposed, all sing*



**A-do-ré-mus \* in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.**

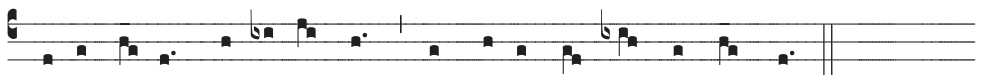
*Let us adore for ever the most Holy Sacrament.*

Laudate Dominum omnes gentes: *O praise the Lord, all you nations,*  
laudate eum omnes populi. *acclaim his all you peoples!*

Quoniam confirmata est super nos *Strong is his*  
misericordia eius: *love for us;*  
et veritas Domini manet in æternum. *he is faithful for ever.*

Gloria Patri, et Filio: *Glory be to the Father and to the Son*  
et Spiritui Sancto, *and to the Holy Spirit,*

sicut erat in principio, et nunc et semper: *as it was in the beginning, is now, and ever shall be,*  
et in sæcula sæculorum. Amen. *world without end. Amen.*

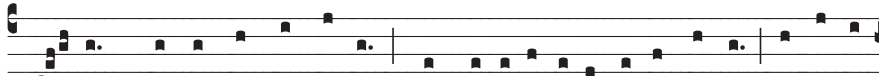


**A-do-ré-mus \* in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.**


*Let us adore for ever the most Holy Sacrament.*

All sing

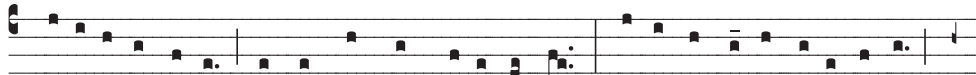
## THE ANTIPHON TO THE BLESSED VIRGIN MARY



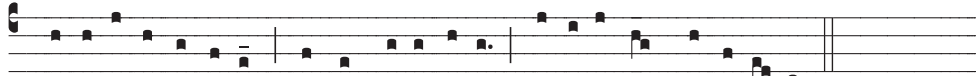
**A** **L**MA \* **R**edemptó-ris Mater, **q**uæ pérv-i-a cæli porta manes, **e**t stella  
*Loving mother of the Redeemer, gate of heaven, star*



**ma**-ris, **s**uccúrre cadénti, **s**úrgere qui curat, **p**ópu-lo; **tu** quæ genu- ísti,  
*of the sea, assist your people who have fallen yet strive to rise again, To the*



**na**túra mi-ránte, **tu**-um sanctum **Ge**ni-tó-rem, **Vir**go pri-us ac posté-ri-us,  
*wonderment of nature you bore your Creator, yet remained a virgin after as before,*



**Gab**ri-é-lis ab o-re **su**mens illud A-ve, **pe**ccató-rum mi-se-ré-re.  
*You who received Gabriel's joyful greeting, have pity on us poor sinners.*

ORGAN VOLUNTARY

Toccata in F (BuxWV 156)

Dieterich Buxtehude (1637–1707)

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