

MUSIC AT THE
SUNDAY 9.00am
MASS



FIFTH
SUNDAY
OF THE YEAR

All sing the PROCESSIONAL HYMN

Christ is made the sure Foun - da - tion, Christ the Head and
Cor - ner - stone, Cho - sen of the Lord, and pre - cious,
Bind - ing all the Church in one, Ho - ly Si - on's
help for ev - er, And her con - fi - dence a - lone.

2

All that dedicated city,
Dearly loved of God on high,
In exultant jubilation,
Pours perpetual melody,
God the One in Three adoring
In glad hymns eternally.

3

To this temple, where we call thee,
Come, O Lord of Hosts, today;
With thy wonted loving-kindness
Hear thy servants as they pray;
And thy fullest benediction
Shed within its walls away.

4

Here vouchsafe to all thy servants
What they ask of thee to gain;
What they gain from thee, for ever
With the blessed to retain,
And hereafter in thy glory
Evermore with thee to reign.

THE INTRODUCTORY RITES

All make the Sign of the Cross as the Celebrant says

In the name of the Father, and of the Son, and of the Holy Spirit.

℟: **Amen.**

The Lord be with you.

℟: **And with your spirit.**

PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

After a brief silence all say

I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

All strike their breast thrice, saying

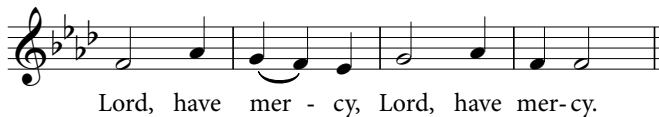
through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

The Celebrant gives the absolution, saying

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

℟: **Amen.**

All repeat each line of the KYRIE, after it has been sung by the Cantor.



Celebrant

All

Glo-ry to God in the high-est, and on earth peace to peo-ple of good will.

We_ praise you, we_ bless you, we a - dore you, we glo-ri- fy you,

we give you thanks for your great glo - ry, Lord God, hea-ven-ly King, O God,

al-migh-ty Fa-ther. Lord Je - sus Christ, On-ly Be-got-ten Son, Lord God,

Lamb of God, Son of the Fa - ther, you take a-way the sins of the world,

have mer-cy on us; you take a-way the sins of the world, re - ceive our prayer;

you are seat-ed at the right hand of the Fa-ther, have mer - cy on us.

For you a - lone are the Ho - ly One, you a - lone are the Lord,

you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi rit

in the glo - ry of God the Fa - ther. A - - - men...

COLLECT

℞ Amen.

THE LITURGY OF THE WORD

FIRST READING

Job 7:1-4,6-7

RESPONSORIAL PSALM

Psalm 146:1-6 ☩ v.3



☩ **Praise the Lord who heals the broken-hearted.**

SECOND READING

1 Corinthians 9:16-19,22-23

ALLELUIA



☩ **Al-le-lú- ia, al-le-lú- ia, al-le-lú- ia.**

GOSPEL

Mark 1:29-39

HOMILY

PROFESSION OF FAITH

I BELIEVE in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow during the following line:

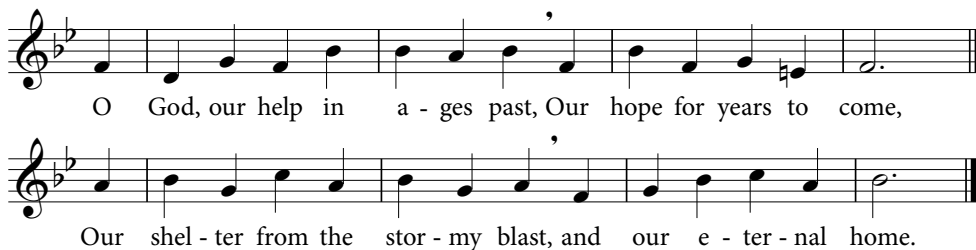
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

THE LITURGY OF THE EUCHARIST

All sing the OFFERTORY HYMN



O God, our help in a - ges past, Our hope for years to come,
Our shel - ter from the stor - my blast, and our e - ter - nal home.

**Under the shadow of thy throne,
Thy saints have dwelt secure;
Sufficient is thine arm alone,
And our defence is sure.**

**Before the hills in order stood,
Or earth received her frame,
From everlasting thou art God,
To endless years the same.**

**A thousand ages in thy sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.**

**Time, like an ever-rolling stream,
Bears all its sons away;
They fly, forgotten, as a dream
Dies at the opening day.**

**O God, our help in ages past,
Our hope for years to come,
Be thou our guide while troubles last,
And our eternal home.**

St Anne
William Croft (1678–1727)

Psalm 90
Isaac Watts (1674–1748)

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

℟: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

℟: **Amen.**

THE EUCHARISTIC PRAYER

T HE Lord be with you. ℟: **And with your spi-rit.**

Lift up your hearts. ℟: **We lift them up to the Lord.**

Let us give thanks to the Lord our God. ℟: **It is right and just.**

THE PREFACE

All sing the SANCTUS

Mass of Perpetual Help

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. —
Heav'n and earth, heav'n and earth are full — of — your glo - ry. Ho -
san - na, ho - san - na in — the high - est.
Bless-ed is he, bless-ed is he who comes in the name of the Lord. —
— Ho - san - na, ho - san - na in — the high - est.

All sing the MEMORIAL ACCLAMATION

W ^RHEN we eat this Bread and drink this Cup, we proclaim your Death,
O Lord, until you come a-gain.

When the Celebrant sings

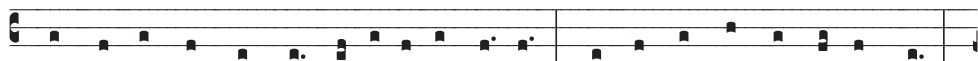
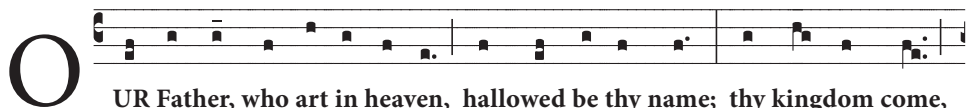
Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

All respond

R A-men.

COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:



thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,

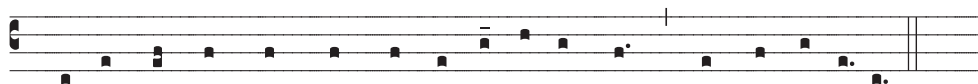


and forgive us our trespasses, as we for-give those who trespass a-gainst us;



and lead us not in-to temp-tation, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



℟: **For the kingdom, the power and the glo-ry are yours now and for ev-er.**

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

℟: **Amen.**

The peace of the Lord be with you always.

℟: **And with your spirit.**

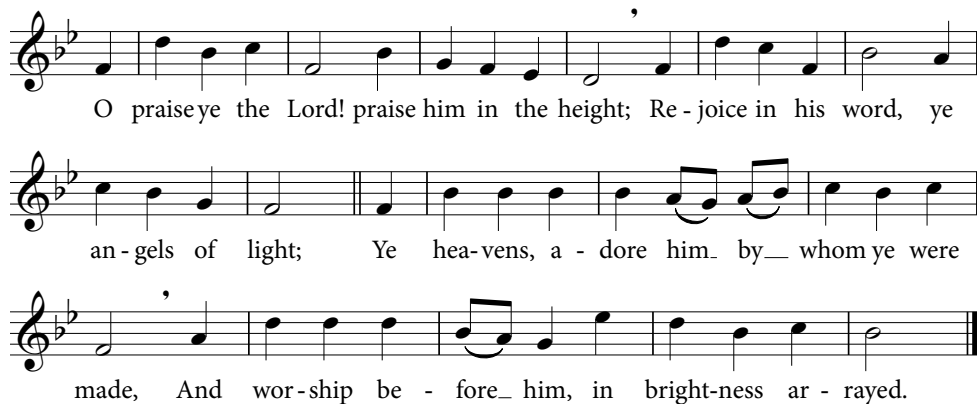
Lamb of God, you take a - way the sins of the world, have
mer - cy on us. Lamb of God, you take a - way the
sins of the world, have mer - cy on us.
Lamb of God, you take a - way the sins of the
world, grant us peace.

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

⌘ **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion. The sacred host must be consumed in the presence of the communion minister.

All sing the COMMUNION HYMN



O praise ye the Lord! praise him in the height; Re - jice in his word, ye
an - gels of light; Ye hea - vens, a - dore him_ by_ whom ye were
made, And wor - ship be - fore_ him, in bright - ness ar - rayed.

2

O praise ye the Lord!
Praise him upon earth,
In tuneful accord,
Ye sons of new birth;
Praise him who hath brought you
His grace from above,
Praise him who hath taught you
To sing of his love.

3

O praise ye the Lord!
All things that give sound;
Each jubilant chord,
Re-echo around;
Loud organs, his glory
Forth tell in deep tone,
And sweet harp, the story
Of what he has done.

4

O praise ye the Lord!
Thanksgiving and song
To him be outpoured
All ages along;
For love in creation,
For heaven restored,
For grace of salvation,
O praise ye the Lord!

Laudate Dominum
from the anthem 'Hear my words'
Sir Hubert Parry (1848-1918)

H W Baker (1821-1877)

THE CONCLUDING RITES

The Lord be with you.

℟: **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

℟: **Amen.**

Go forth, the Mass is ended.

℟: **Thanks be to God.**

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St Mary's Cathedral Training Choir is launching from February 2024 for Boys and Girls in Years 1-3

This group will be the foundation choir for the main Cathedral Choir, rehearsing every Thursday from 4:15pm to 5:30pm in the Cathedral Song School. Run by experienced vocal specialist Anna Sandström, this free-to-access ensemble is available to any child with an interest in singing.

To register your interest, please scan the QR code and complete the online form.

