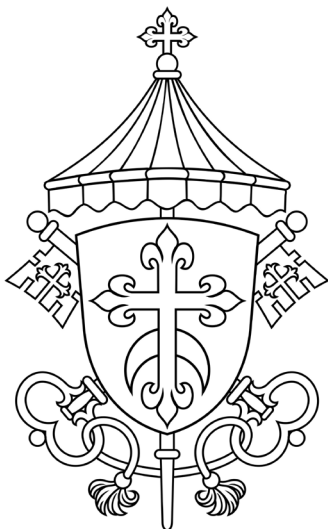


ST MARY'S CATHEDRAL



Solemn Vespers and Benediction

The Office of Evening Prayer

Nineteenth Sunday
of the Year

WEEK III

13 August 2023
5.00pm

THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the centre of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The public singing of Lauds and Vespers is a regular part of the life and worship of St Mary's Cathedral.

**TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES
AND OTHER ELECTRONIC DEVICES.**

EXPOSITION OF THE BLESSED SACRAMENT

At the sound of the Sacristy bell all stand.

As the Blessed Sacrament is brought to the altar all kneel and sing:



O sa - lu - tá - ris Hó - sti - a, Quae cae - li pan - dis ós - ti - um,
O saving Victim, opening wide the gate of Heaven to man below;



Bel - la pre - munt ho - stí - li - a, Da ro - bur, fer au - xí - li - um.
Our foes press hard on every side; thine aid supply; thy strength bestow.



U - ni tri - nó - que Dó - mi - no Sit sem - pi - tér - na gló - ri - a,
All praise and thanks to thee ascend, for ever more, blest one in three.



Qui vi - tam si - ne tér - mi - no No - bis do - net in pá - tri - a.
O grant us life that shall not end, in our true native land with thee.



A - men.

ORDER OF VESPERS

INTRODUCTION TO THE OFFICE

☩ Deus, in adiutorium meum intende.	<i>O God, come to our aid.</i>
☩ Domine, ad adiuvandum me festina.	<i>O Lord, make haste to help us.</i>
Gloria Patri et Filio et Spiritui Sancto.	<i>Glory be to the Father and to the Son and to the Holy Spirit,</i>
Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen. Alleluia.	<i>as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.</i>

OFFICE HYMN

Lucis Creator optime, Lucem dierum proferens, Primordiis lucis novæ Mundi parans originem.	<i>Blest Creator of the light, Making day with radiance bright, Thou didst o'er the forming earth Give the golden light its birth.</i>
Qui mane iunctum vesperi Diem vocari præcipis; Tætrum chaos illabatur; Audi preces cum fletibus.	<i>Shade of eve with morning ray Took from thee the name of day; Darkness now is drawing nigh; Listen to our humble cry.</i>
Ne mens gravata crimine, Vitæ sit exsul munere, Dum nil perenne cogitat, Seseseque culpæ illigat.	<i>May we ne'er by guilt depressed Lose the way to endless rest; Nor with idle thoughts and vain Bind our souls to earth again.</i>
Cælorum pulset intimum, Vitale tollat præmium: Vitemus omne noxium, Purgemus omne pessimum.	<i>Rather may we heavenward rise Where eternal treasure lies; Purified by grace within, Hating every deed of sin.</i>
Præsta Pater piissime, Patrique compar Unice, Cum Spiritu Paraclito, Regnans per omne sæculum. Amen.	<i>Father, what we ask be done Through thy well-beloved Son; With the Holy Ghost and thee Reigning through eternity. Amen.</i>

All sit.

PSALMODY

FIRST ANTIPHON

DIXIT Dominus Domino meo: Sede a dextris meis, alleluia.

The Lord's revelation to my Master: 'Sit on my right', alleluia.

PSALM 109 (110)

Dixit Dominus Domino meo: *The Lord's revelation to my Master:*
«Sede a dextris meis, *'Sit on my right:*

donec ponam inimicos tuos: *your foes I will put*
scabellum pedum tuorum». *beneath your feet.'*

Virgam potentiae tuae emittet Dominus ex Sion: *The Lord will wield from Zion your sceptre of power:*
dominare in medio inimicorum tuorum. *rule in the midst of all your foes.*

Tecum principatus in die virtutis tuae, *A prince from the day of your birth*
in splendoribus sanctis: *on the holy mountains;*
ex utero ante luciferum genui te. *from the womb before the dawn I begot you.*

Iuravit Dominus et non pœnitebit eum: *The Lord has sworn an oath he will not change.*
«Tu es sacerdos in æternum secundum *'You are a priest for ever,*
ordinem Melchisedech». *a priest like Melchizedek of old.'*

Dominus a dextris tuis: *The Master standing at your right hand*
conquassabit in die iræ suæ reges. *will shatter kings in the day of his wrath.*

De torrente in via bibet: *He shall drink from the stream by the wayside*
propterea exaltabit caput. *and therefore he shall lift up his head.*

Gloria Patri et Filio, *Glory be to the Father and to the Son*
et Spiritui Sancto. *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper *as it was in the beginning, is now, and ever shall be,*
et in sæcula sæculorum. Amen. *world without end. Amen.*

The Antiphon is repeated.

SECOND ANTIPHON

MEMORIAM fecit mirabilium suorum,
miserator Dominus, alleluia.

*The Lord is full of merciful love; he makes us
remember his wonders, alleluia.*

PSALM 110 (111)

Confitebor Domino in toto corde meo, *I will thank the Lord with all my heart*
in consilio iustorum et congregatione. *in the meeting of the just and their assembly.*

Magna opera Domini, *Great are the works of the Lord;*
exquirenda omnibus qui cupiunt ea. *to be pondered by all who love them.*

Decor et magnificentia opus eius, *Majestic and glorious his work,*
et iustitia eius manet in sæculum sæculi. *his justice stands firm for ever.*

Memoriam fecit mirabilium suorum, *He makes us remember his wonders.*
misericors et miserator Dominus. *The Lord is compassion and love.*

Escam dedit timentibus se; *He gives food to those who fear him;*
memor erit in sæculum testamenti sui. *keeps his covenant ever in mind.*

Virtutem operum suorum annuntiavit populo suo, *He has shown his might to his people*
ut det illis hereditatem gentium; *by giving them the lands of the nations.*

opera manuum eius veritas et iudicium. *His works are justice and truth.*
Fidelia omnia mandata eius, *His precepts are all of them sure,*
confirmata in sæculum sæculi, *standing firm for ever and ever:*
facta in veritate et æquitate. *they are made in uprightness and truth.*

Redemptionem misit populo suo, *He has sent deliverance to his people*
mandavit in æternum testamentum suum. *and established his covenant for ever.*
Sanctum et terribile nomen eius. *Holy his name, to be feared.*

Initium sapientiæ timor Domini, *To fear the Lord is the first stage of wisdom;*
intellectus bonus omnibus facientibus ea; *all who do so prove themselves wise.*
laudatio eius manet in sæculum sæculi. *His praise shall last for ever!*

Gloria Patri et Filio, *Glory be to the Father and to the Son*
et Spiritui Sancto. *and to the Holy Spirit,*

Sicut erat in principio et nunc et semper: *as it was in the beginning, is now, and ever shall be,*
et in sæcula sæculorum. Amen. *world without end. Amen.*

The Antiphon is repeated.

THIRD ANTIPHON

REGNAVIT Dominus Deus noster
omnipotens, alleluia.

*The Lord is King: our God, the Almighty,
alleluia.*

CANTICLE

Apocalypse 19:1-2. 5-7

Alleluia.	<i>Alleluia.</i>
Salus et gloria et virtus Deo nostro:	<i>Salvation and glory and power belong to our God,</i>
Alleluia.	<i>Alleluia.</i>
quia vera et iusta iudicia eius.	<i>his judgements are true and just.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Laudem dicite Deo nostro, omnes servi eius:	<i>Praise our God, all you his servants,</i>
Alleluia.	<i>Alleluia.</i>
et qui timetis eum, pusilli et magni!	<i>you who fear him, small and great.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Quoniam regnavit Dominus,	<i>The Lord our God,</i>
Deus noster omnipotens:	<i>the Almighty, reigns,</i>
Alleluia.	<i>Alleluia.</i>
Gaudeamus et exultemus et demus gloriam ei.	<i>let us rejoice and exult and give him the glory.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Quia venerunt nuptiæ Agni:	<i>The marriage of the Lamb has come,</i>
Alleluia.	<i>Alleluia.</i>
et uxor eius præparavit se.	<i>and his bride has made herself ready.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Gloria Patri et Filio:	<i>Glory be to the Father and to the Son</i>
Alleluia.	<i>Alleluia.</i>
et Spiritui Sancto.	<i>and to the Holy Spirit,</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>
Alleluia.	<i>Alleluia.</i>
Sicut erat in principio et nunc et semper	<i>as it was in the beginning, is now, and ever shall be,</i>
Alleluia.	<i>Alleluia.</i>
et in sæcula sæculorum. Amen.	<i>world without end. Amen.</i>
Alleluia, alleluia.	<i>Alleluia, alleluia.</i>

The Antiphon is repeated.

BLESSED be the God and Father of our Lord Jesus Christ, who in his great mercy has given us a new birth as his sons, by raising Jesus Christ from the dead, so that we have a sure hope and the promise of an inheritance that can never be spoilt or soiled and never fade away, because it is being kept for you in the heavens. Through your faith, God's power will guard you until the salvation which has been prepared is revealed at the end of time.

SHORT RESPONSORY

Benedictus es, Domine, *Blessed are you, O Lord,*
in firmamento cæli. *in the vault of heaven.*

℣ Et laudabilis et gloriosus *You are exalted and glorified above all else*
in sæcula. ℟ *for ever.*

℣ Gloria Patri et Filio *Glory be to the Father and to the Son*
et Spiritui Sancto. ℟ *and to the Holy Spirit.*

All stand.

MAGNIFICAT ANTIPHON

CONTINUO Iesus extendens manum apprehendit eum, et dixit: Modicæ fidei, quare dubitasti?

Jesus put out his hand at once and held Peter and said to him, "Man of little faith, why did you doubt?"

MAGNIFICAT

Octavi toni

Giovanni Francesco Anerio (1567–1630)

Magnificat
anima mea Dominum,
*My soul
glorifies the Lord,*

et exsultavit spiritus meus
in Deo salutari meo,
*my spirit rejoices
in God, my Saviour.*

quia respexit humilitatem ancillæ suæ.
Ecce enim ex hoc beatam me dicent
omnes generationes,
*He looks on his servant in her lowliness;
henceforth all ages
will call me blessed.*

quia fecit mihi magna, qui potens est,
et sanctum nomen eius,
*The Almighty works marvels for me.
Holy his name!*

et misericordia eius a progenie in progenies
timentibus eum.
*His mercy is from age to age,
on those who fear him.*

Fecit potentiam in brachio suo,
dispersit superbos mente cordis sui;
*He puts forth his arm in strength
and scatters the proud-hearted.*

deposuit potentes de sede;
et exaltavit humiles;
*He casts the mighty from their thrones
and raises the lowly.*

esurientes implevit bonis
et divites dimisit inanes.
*He fills the starving with good things,
sends the rich away empty.*

Suscepit Israel puerum suum,
recordatus misericordiæ suæ,
*He protects Israel, his servant,
remembering his mercy,*

sicut locutus est ad patres nostros,
Abraham et semini eius in sæcula.
*the mercy promised to our fathers,
to Abraham and his sons for ever.*

Gloria Patri et Filio,
et Spiritui Sancto.
*Glory be to the Father and to the Son
and to the Holy Spirit,*

Sicut erat in principio et nunc et semper
et in sæcula sæculorum. Amen.
*as it was in the beginning, is now, and ever shall be,
world without end. Amen.*

The Antiphon is repeated.

INTERCESSIONS

God is ever creative. His love renews all things and is the source of our hope. Let us turn to him in confidence:

℟. **Lord, accept our thanks and our prayers.**

We give thanks for the order of created things: – you have blessed us with the resources of the earth and the gift of human life. ℟.

We give thanks for man's share in your continuing work of creation: – we praise you for your gifts to him of inventive skill and creative vision. ℟.

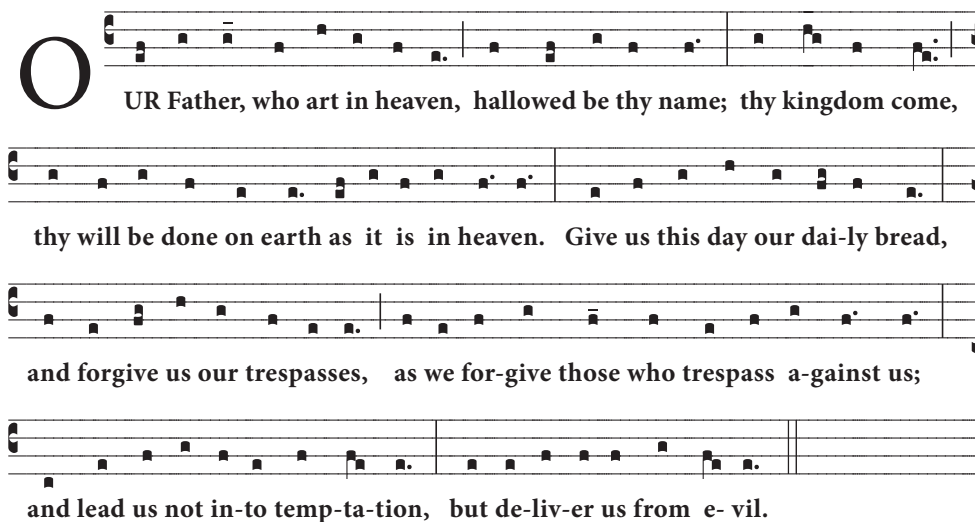
We pray for all the nations of the world: – may those in authority work for peace and goodwill among men. ℟.

We pray for all who are homeless today: – we pray for families searching for a place to live, and for refugees driven from their homeland. ℟.

Life was your first gift to us: – may those who have died come to its fullness in you. ℟.

At the Saviour's command and formed by divine teaching, we dare to say:

All sing



O UR Father, who art in heaven, hallowed be thy name; thy kingdom come,
thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,
and forgive us our trespasses, as we for-give those who trespass a-gainst us;
and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

COLLECT

ALMIGHTY, ever-living God, we confidently call you Father as well as Lord. Renew your Spirit in our hearts: make us ever more perfectly your children, so that we may enter upon the inheritance you have promised us. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

℟: **Amen.**


The Choir sings

THE MOTET

LORD, thou hast been our refuge: from one generation to another. Before the mountains were brought forth, or ever the earth and the world were made, thou art God from ever lasting, and world without end. Thou turnest man to destruction: again thou sayest, Come again, ye children of men. For a thousand years in thy sight are but as yesterday, seeing that is past as a watch in the night. As soon as thou scatt'rest them they are even as a sleep: and fade away suddenly like the grass. In the morning it is green, and groweth up: but in the evening it is cut down, dried up and withered. For when thou art angry all our days are gone: we bring our years to an end, as it were a tale that is told.

Ernest Walker (1870–1949)


All sing



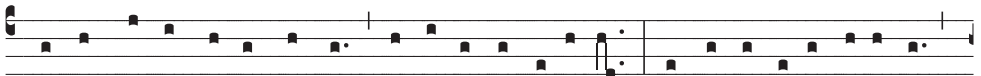
T ANTUM er-go Sa-craméntum * Vene-rémur cérnu-i : et an-tí-quum
Therefore we, before him bending, this great Sacrament revere; types and shadows



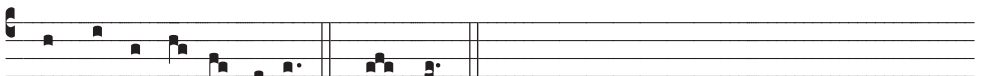
do-cuméntum No-vo ce-dat rí-tu-i : præstet fi-des suppleméntum
have their ending, for the newer rite is here; faith our outward sense befriending,



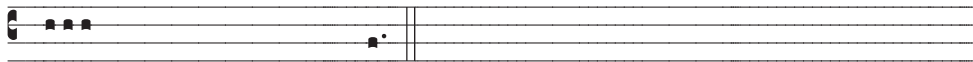
sénsu-um de-féc-tu-i. Ge-ni-tó-ri, Ge-ni-tó-que laus et iu-bi-la-ti-o,
makes our inward vision clear. Glory let us give and blessing to the Father and the Son,



sa-lus, honor, virtus quoque sit et be-ne-dícti-o : pro-ce-dénti ab utró-que
honour, thanks, and praise addressing while eternal ages run; ever too his love confessing,



compar sit lau-dá-ti-o. A-men.
who from both with both is One.



∇ Panem de cælo præstitisti e- is.
You gave them bread from heaven.



℞ **Omne delectaméntum in se habén- tem.**
Containing in itself all sweetness.

Oremus.

Let us pray.

DEUS, qui nobis sub sacramento
 mirabili passionis tuæ memoriam
 reliquisti: tribue quæsumus, ita nos corporis
 et sanguinis tui sacra mysteria venerari; ut
 redemptionis tuæ fructum in nobis iugiter
 sentiamus. Qui vivis et regnas in sæcula
 sæculorum.

*O God, who in a wonderful Sacrament
 has left us a memorial of your passion:
 grant us so to venerate the sacred
 mysteries of your Body and Blood, that
 we may perceive within ourselves the fruit
 of thy redemption; who lives and reigns
 for ever and ever.*

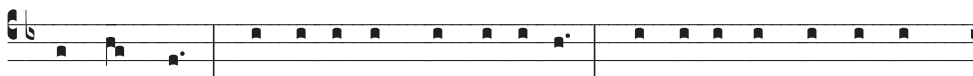
℞ **Amen.**

BENEDICTION *is given.*

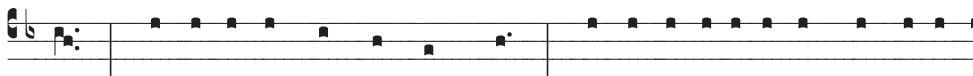
THE DIVINE PRAISES



Blessèd be God. Blessèd be his Holy Name. Blessèd be Jesus Christ, true God



and true Man. Blessèd be the Name of Je-sus. Blessèd be his Most Sacred



Heart. Blessèd be his Most Precious Blood. Blessèd be Jesus in the Most Holy



Sacrament of the Al-tar. Blessèd be the Holy Spi-rit, the Pa-raclete. Blessèd be



the great Mother of God, Ma-ry most Ho-ly. Blessèd be her Holy and Imma-



cu-late Conception. Blessèd be her Glorious Assumption. Blessèd be the



name of Ma-ry, Virgin and Mother. Blessèd be Saint Joseph, her most chaste



spouse. Blessèd be God in his Angels and in his Saints.

As the Blessed Sacrament is reposed, all sing



A-do-ré-mus * in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

Laudate Dominum omnes gentes:
laudate eum omnes populi.

*O praise the Lord, all you nations,
acclaim his all you peoples!*

Quoniam confirmata est super nos
misericordia eius:
et veritas Domini manet in æternum.

*Strong is his
love for us;
he is faithful for ever.*

Gloria Patri, et Filio:
et Spiritui Sancto,

*Glory be to the Father and to the Son
and to the Holy Spirit,*

sicut erat in principio, et nunc et semper:
et in sæcula sæculorum. Amen.

*as it was in the beginning, is now, and ever shall be,
world without end. Amen.*



A-do-ré-mus * in æ-tér-num Sanc-tís-si-mum Sa-cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

All sing

THE ANTIPHON TO THE BLESSED VIRGIN MARY

S Al-ve, Re-gí-na, * **ma-ter mi-se-ri-cór-di-ae** : **Vi-ta, dul-cé-do, et spes**
Hail, holy Queen, Mother of Mercy, our life, our sweetness and

nostra, sal-ve. Ad te clamámus, éx-su-les, fí-li-i Hevae. Ad te su-spi-rámus,
our hope, hail. To thee do we cry, poor banished children of Eve; to thee do we send up

ge-méntes et flén-tes in hac la-crimárum val-le. E-ia er-go, Ad-vo-cá-ta
our sighs, mourning and weeping in this valley of tears. Turn then, most gracious

nos-tra, il-los tu-os mi-se-ri-cór-des ó-cu-los ad nos con-vér-te. Et Ie-sum,
advocate, thine eyes of mercy toward us; And show

be-ne-díctum fructum ventris tu-i, no-bis post hoc ex-sí-li-um os-tén-de.
unto us the blessed fruit of thy womb, Jesus, after this our exile.

O cle-mens : O pi-a : O dul-cis Vir-go Ma-rí-a.
O clement, O loving, O sweet Virgin Mary.

ORGAN VOLUNTARY

Maestoso — Con brio (Sonata in A minor)

Sir William Harris (1883–1973)

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