



*St Mary's Cathedral*  
SYDNEY

## CATHEDRAL BULLETIN



THE MOST HOLY BODY AND BLOOD OF CHRIST  
(CORPUS CHRISTI)

2023

ST MARY'S CATHEDRAL PARISH  
INCLUDING  
ST COLUMBKILLE'S CHURCH,  
MCELHONE STREET, WOOLLOOMOOLOO

## THE LITURGY OF THE WORD



### FIRST READING *Deuteronomy 8:2-3, 14-16*

A reading from the book of Deuteronomy

*He gave you food which you and your ancestors did not know.*

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart - whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The word of the Lord.

**Thanks be to God.**

### RESPONSORIAL PSALM *Ps 147:12-15, 19-20*

**R.** Praise the Lord, Jerusalem.

O praise the Lord, Jerusalem!

Zion, praise your God!

He has strengthened the bars of your gates,  
he has blessed the children within you. **R.**

He established peace on your borders,  
he feeds you with finest wheat.

He sends out his word to the earth  
and swiftly runs his command. **R.**

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. **R.**

**SECOND READING** *1 Corinthians 10:16-17*

A reading from the first letter of St Paul to the Corinthians

*Though we are many, we form a single body because we share this one loaf.*

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.

**Thanks be to God.**

**GOSPEL ACCLAMATION** *John 6:51-52*

**Sequence**

Sing forth, O Zion, sweetly sing  
The praises of thy Shepherd-King,  
In hymns and canticles divine;  
Dare all thou canst, thou hast no song  
Worthy his praises to prolong,  
So far surpassing powers like thine.

Today no theme of common praise  
Forms the sweet burden of thy lays -  
The living, life-dispensing food -  
That food which at the sacred board  
Unto the brethren twelve our Lord  
His parting legacy bestowed.

Then be the anthem clear and strong,  
Thy fullest note, thy sweetest song,  
The very music of the breast:  
For now shines forth the day sublime  
That brings remembrance of the time  
When Jesus first his table blessed.

Within our new King's banquet-hall  
They meet to keep the festival  
That closed the ancient paschal rite:  
The old is by the new replaced;  
The substance hath the shadow chased;  
And rising day dispels the night.

Christ willed what he himself had done  
Should be renewed while time should run,  
In memory of his parting hour:  
Thus, tutored in his school divine,  
We consecrate the bread and wine;  
And lo - a Host of saving power.

This faith to Christian men is given -  
Bread is made flesh by words from heaven:  
Into his blood the wine is turned:  
What though it baffles nature's powers  
Of sense and sight? This faith of ours  
Proves more than nature e'er discerned.

Concealed beneath the two-fold sign,  
Meet symbols of the gifts divine,  
There lie the mysteries adored:  
The living body is our food;  
Our drink the ever-precious blood;  
In each, one undivided Lord.

Not he that eateth it divides  
The sacred food, which whole abides  
Unbroken still, nor knows decay;  
Be one, or be a thousand fed,  
They eat alike that living bread  
Which, still received, ne'er wastes away.

The good, the guilty share therein,  
With sure increase of grace or sin,  
The ghostly life, or ghostly death:  
Death to the guilty; to the good  
Immortal life. See how one food  
Man's joy or woe accomplisheth.

We break the Sacrament, but bold  
And firm thy faith shall keep its hold,  
Deem not the whole doth more enfold  
Than in the fractured part resides  
Deem not that Christ doth broken lie,  
'Tis but the sign that meets the eye,  
The hidden deep reality  
In all its fullness still abides.

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:  
Oft in the olden types foreshowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;

O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.

Alleluia!

**GOSPEL** *John 6:51-58*

A reading from the holy Gospel according to John

*My flesh is real food and my blood is real drink.*

Jesus said to the Jews:

'I am the living bread which has come down from heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,  
if you do not eat the flesh of the Son of Man  
and drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.  
As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live for ever.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## WORD FROM THE DEAN



Dear Cathedral Parishioners and Visitors,

The period immediately after the Easter season and Pentecost brings several important feasts, such as the Most Holy Trinity last Sunday, The Body and Blood of Christ (*Corpus Christi*) today, and The Most Sacred Heart of Jesus this Friday.

I would like to mention that there are special opportunities to gain a **Plenary Indulgence** today (Sunday) and this Friday.

What is an Indulgence?

An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven.

We speak of “eternal punishment” and “temporal punishment” for sin.

“Eternal punishment” is the consequence of mortal or death-bearing sin. Eternal punishment is to lose the gift of divine grace within us. Unless that gift of grace is restored to us before we die we cannot enter into heavenly life and see God face-to-face: we would be cut off from God forever in hell: that is eternal punishment for sin. Jesus Christ, by his saving death on the Cross and his resurrection has made it possible for the eternal punishment due to sin to be taken away by his grace.

“Temporal punishment” for sins is different: both grave sins and venial sins also incur temporal punishment, which is what must happen for the effects of our sins to be dealt with and for the fulfilment of justice. Now, it may be when we confess and are forgiven that our contrition is so perfect and our penitence so sincere that the temporal punishment due to us is expiated. But what is not repaired by us in that way must be atoned for by further penance either in this life or, after our death, in the state of purification we know as Purgatory.

**How does an Indulgence “work”?**

An Indulgence adds to the intrinsic merit of a penance, prayer or good work that we do: it adds something of the infinite merits of Christ and the merits of the saints in heaven with whom we are in fellowship, so that the temporal punishment due to our sin is made up for, not only by our prayers and penance, but by the abundant goodness of Christ and his saints. An Indulgence is, in the end, a gift from Christ

received in and through his Body the Church: not because we “deserve” it, but because God loves us and makes it possible through his Church.

The effect of an Indulgence may be the remission of all the temporal punishment due to sin – a “Plenary Indulgence” – or part of the temporal punishment – a “Partial Indulgence”. Because an Indulgence is a loving gift received in and through Christ’s Church, it requires one to confess ones sins and receive absolution in the Sacrament of Penance, to be in Communion with Christ through the sacrament of the Eucharist, to express one’s communion with the universal Church by praying for the Pope, as well as by undertaking with faith and love whatever specific prayer, penance or worthy activity the particular Indulgence relates to.

**Today, June 11<sup>th</sup>, Corpus Christi**, a Plenary Indulgence may be gained by publicly reciting the *Tantum ergo* during the liturgical rites. This will be possible:

- At the end of the “Walk with Christ” Eucharistic Procession this afternoon. The procession begins at 2.30pm sharp from the corner of Martin Place and Pitt Street, and concludes on the cathedral forecourt.
- At Vespers and Benediction in the cathedral this evening, beginning at 5.00pm.

**This Friday 16<sup>th</sup> June, Sacred Heart**, a Plenary Indulgence may be gained by publicly reciting the Act of Reparation to the Sacred Heart. There will be an opportunity to do this at each Mass in the cathedral on that day, and also at the Holy Hour (Rosary and Benediction) commencing at 12 noon; and also at our sister parish of Darlinghurst at the end of the 9am Mass in Sacred Heart Church – which will also be followed by Exposition of the Blessed Sacrament until 11am.

Only one Plenary Indulgence can be gained on any one day, and the additional conditions for gaining an indulgence are

(1) Be free of all attachment to sin, even venial sin;

(2) Perform the indulgenced work; and

(3) Receive sacramental Confession, Holy Communion, and pray for the Pope’s intentions (e.g., by reciting an Our Father and a Hail Mary) within several days (about 20) before or after carrying out the indulgenced work.

Only one plenary indulgence may be gained per day. One sacramental Confession will suffice for several plenary indulgences; however, a separate Communion and separate prayers for the Holy Father’s intentions are required for each Plenary Indulgence.

I hope you will be moved to fulfil the conditions to receive such a gift in these days.






With every blessing for the week ahead,

*Fr Don Richardson, Dean.*



# UPCOMING LITURGIES AND EVENTS

## June – July 2023

			10 <i>Saturday</i>	11 <i>Sunday</i> <b>CORPUS CHRISTI</b>  2pm Sunday Public Tour	12 <i>Monday</i> <b>Public Holiday</b> Mass 9am	13 <i>Tuesday</i> <i>St Anthony of Padua</i>
			14 <i>Wednesday</i>  6:30pm <b>RCIA</b> <small>(Rite of Christian Initiation of Adults)</small>	15 <i>Thursday</i>  6:30pm <b>CITY COMPASS</b> 	16 <i>Friday</i>  <b>The Most SACRED HEART of Jesus</b>	17 <i>Saturday</i> <b>The Immaculate Heart of the Blessed Virgin Mary</b>
21 <i>Wednesday</i> <i>St Aloysius Gonzaga</i>  6:30pm <b>RCIA</b> <small>(Rite of Christian Initiation of Adults)</small>	22 <i>Thursday</i> <i>Sts John Fisher &amp; Thomas More</i>  6:30pm <b>CITY COMPASS</b> 	23 <i>Friday</i>	24 <i>Saturday</i> <b>The NATIVITY of ST JOHN THE BAPTIST</b>	25 <i>Sunday</i> 2pm Sunday Public Tour	26 <i>Monday</i>	27 <i>Tuesday</i>
28 <i>Wednesday</i> <i>St Irenaeus</i>  6:30pm <b>RCIA</b> <small>(Rite of Christian Initiation of Adults)</small>	29 <i>Thursday</i> <i>Sts PETER and PAUL</i>  6:30pm <b>CITY COMPASS</b> 	30 <i>Friday</i>	1 <i>Saturday</i>	2 <i>Sunday</i> <b>NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER SUNDAY</b> 2pm Sunday Public Tour	3 <i>Monday</i>	4 <i>Tuesday</i>

## Weekly Mass Schedule

### MASS

Monday to Friday: 6:45am, 1:10pm, 5:30pm

Saturday: 9:00am, 12:00 noon

Saturday Vigil: 6:00pm

Sunday: 7:00am, 9:00am, 10:30am (Solemn Choral Mass), 6:00pm

### RECONCILIATION

Monday to Friday: 12noon to 1:00pm and 4:30pm to 5:25pm

Saturday: 11.00am to 12noon and 4:30pm to 5:30pm

### EVENING VESPERS

Monday to Friday: 5:00pm

Saturday: 5:30pm

Sunday: 5:00pm

(Choral Vespers and Benediction of the Blessed Sacrament)

# CATHEDRAL NOTICES



Please note: The "EMBRACE" Young Adults Group will be in recess until Sunday 2<sup>nd</sup> July.



## Multicultural Mass Sunday Celebrated By Bishop Vincent Long

For the Parramatta Diocese and Sydney Archdiocese. Open invitation for Migrant Chaplains of both Dioceses and people from all ethnic communities.

### DETAILS:

**Date:** Sunday 18th June

**Time:** 2pm

**Venue:** St Mary's Cathedral

If you have questions please contact Fr Roland Maurer EV or Kylie Cullen at

[immigration@sydneycatholic.org](mailto:immigration@sydneycatholic.org)

**WALK WITH CHRIST** 2023  
WWW.SYDNEYCATHOLIC.ORG/WALKWITHCHRIST

**SUNDAY 11 JUNE**  
FESTIVAL: Martin Place from 1:00PM  
PROCESSION: Begins at 2:30PM sharp. Corner of Martin Place and Pitt St

CATHOLIC ARCHDIOCESE OF SYDNEY  
Catholic Cemeteries & Crematoria

Then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. *Philippians 2:2*

**COUPLE'S SPIRITUAL GROWTH RETREAT**  
with Fr Roni George VC & Fr Juby Varghese VC  
**16th-18th June 2023**  
Starts on Friday 5.30pm & ends on Sunday 4.00pm

For more info & bookings please contact:  
02 43721598 or email: [drcretreatgo@gmail.com](mailto:drcretreatgo@gmail.com)

**DIVINE RETREAT CENTRE**  
160 Hensons Road, Somersby, SYDNEY-NSW 2250.  
Tel: 02 4372 1598, email [drcsydney@gmail.com](mailto:drcsydney@gmail.com)  
www.divineretreatcentre.org • www.facebook.com/divineretreatcentersomersby

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.



## NIGHT OF PRAYER & REPARATION

### TO INTERCEDE FOR WORLD PEACE

The Sydney Archdiocesan Committee of the World Apostolate of Fatima invite you to a "Night of Prayer & Reparation" taking place at St. Mel's Parish 7 Evaline Street, Campsie, on the Solemnity of the Sacred Heart of Jesus & the Feast of the Immaculate Heart of Mary.

**Friday 16th & Saturday 17th of June.** Doors open at 8.30pm with Solemn Mass at 9pm Rosary at 10pm Re-dedication & Reparation to the Sacred Heart before the Blessed Sacrament Exposed, followed with a short break. Rosary, 12.15am, Morning Mass with prayers for the Feast of the Immaculate Heart of Mary 12.30am.

Further details please call on 0403578994 or (02)9984-8988.

PURPOSE NIGHTS

# BLACK & WHITE night

**\$15 TICKETS!**

**LIVE MUSIC BY TOMMY FRANCISCO**

**TALK BY MILAD KHALIL  
TOPIC: WHAT IS TRUTH?**

**ADORATION & CONFESSION**

**DRESS IN BLACK & WHITE**

**FOOD TRUCKS**

**BONFIRES**

**Q&A PANEL**

**REGISTRATIONS ESSENTIAL**

5:30PM - 9PM | 27 June 2023

St Christopher's, Holsworthy | 205 Heathcote Rd, Holsworthy

10-12 JULY

PURPOSE CAMP

# Know, Love, Serve!

ANNUAL ARCHDIOCESAN YOUTH CAMP

**SPACES FILLING UP! REGISTER ASAP!**

**WHO:** Open to all highschoolers in yrs 9-12

**WHERE:** The Tops Conference Centre  
51 Bendena Gardens, Stanwell Tops  
NSW 2508

**COST:** Early Bird: \$230 (closes 12 June)  
Standard: \$250 (closes 26 June)

**SIBLING DISCOUNT!**

**\$230 Early Bird!**

**REGISTER HERE:**




The Catholic Weekly  
11 JUNE 2023



## Archdiocese of Sydney launches its Reconciliation Action Plan

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**ARCHBISHOP ANTHONY FISHER OP**  
Euthanasia: What's at stake in the Calvary takeover

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**Putting smiles on Sydney faces one couch at a time**

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Corpus Christi: come home to the Eucharist | PAGE 7

**ST MARY'S CATHEDRAL SYDNEY**

## FREE GUIDED TOURS



**EVERY SUNDAY at 2pm**


Please join us for a **FREE** guided tour of St Mary's Cathedral

Learn about the history and architecture of this magnificent Cathedral and Crypt

Please note:  
Participants receive 10% discount in the Cathedral Shop  
**Meeting point: Cathedral Shop internal entrance**  
Wheel chair access is available to Main Cathedral  
To book a spot please email:

**info@stmaryscathedral.org.au**

Walk-ins still accepted



**A message from the Archdiocese of Sydney:**

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or [safeguardingenquiries@sydneycatholic.org](mailto:safeguardingenquiries@sydneycatholic.org).

You may also want to speak to your Parish Priest who will be able to provide support and guidance.

The Archdiocese has a legal obligation to report crimes to the police.



GIVE BY 30 JUNE

### WINDOW RESTORATION APPEAL

Make your **tax-deductible** gift today to urgently restore the historic windows.



# Saint MARY'S CATHEDRAL NATIONAL TRUST

Working to restore and protect the heart of our Catholic faith in Sydney.

St Mary's Cathedral is unique and means so much to so many. An icon of our city. A place of worship for faithful parishioners. Inspiration for a life-long vocation. An encounter with God that can change a life. A son or daughter baptised and confirmed. Sacred music lifting our souls to heaven.

What does St Mary's mean to you?

## DONATE NOW

Scan the QR code, call 1800 753 959  
or visit [ourfaithourworks.org](http://ourfaithourworks.org)

