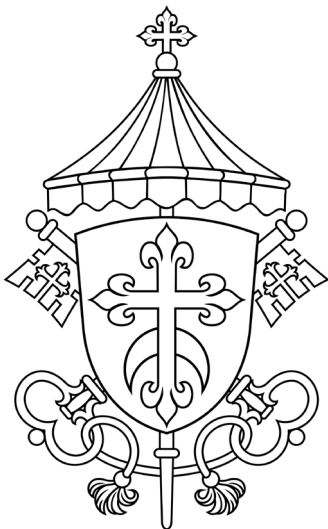


# ST MARY'S CATHEDRAL



## Solemn Mass

Third Sunday  
of Lent

12 March 2023  
10.30am

# WELCOME

to St Mary's Cathedral which stands in the centre of Sydney as a Christian statement of grace and beauty. Generations of artists have bequeathed to it their magnificent gifts in stone and glass, designing a unique space of solace and prayer within this vibrant city. This Cathedral represents the spiritual origins of the Catholic Church in Australia. It is one of Sydney's most treasured historic buildings and one of the finest examples of English-style gothic churches in the world. William Wilkinson Wardell, the 19th century architect, dreamed of a gothic structure shaped from the local yellow-block sandstone on which this city is built. The building was finally completed 100 years after the architect's death. The Cathedral is dedicated to Mary, Immaculate Mother of God, Help of Christians.

## THE CATHEDRAL CHOIR

St Mary's Cathedral Choir is the oldest musical institution in Australia. In 1818 a group of choristers was formed to sing Vespers before the Blessed Sacrament in the Dempsey household, the centre of Catholic worship in the penal colony. After the establishment of St Mary's Cathedral in 1833 the successors of these choristers formed the permanent Cathedral Choir. In faithfulness to the Benedictine English tradition from which the Cathedral's founders came, the Choir is formed of men and boys, preserving the historical character of Catholic liturgical and musical heritage. St Mary's is the only Catholic Cathedral in Australia to have an on-site Choir School where the twenty-four boy choristers are educated. The other parts of the Choir are provided by lay clerks who are professional singers. The Choir's primary function is to sing Vespers and Mass in the Cathedral which it does almost daily, but it has also undertaken several international tours, recordings and concert projects.

## REGULAR CHORAL SERVICES

Sunday	1030	<b>Solemn Mass</b> <i>Full Choir</i>
	1700	<b>Solemn Vespers and Benediction</b> <i>Men's voices</i>
Monday	1700	<b>Vespers</b> <i>Men's voices</i>
	1730	<b>Mass</b> <i>Full Choir</i>
Tuesday	1700	<b>Vespers</b> <i>Cantor</i>
	1730	<b>Mass</b> <i>Boys' voices</i>
Wednesday	1700	<b>Vespers</b> <i>Cathedral Scholars</i>
	1730	<b>Mass</b> <i>Cathedral Scholars</i>
Thursday	1700	<b>Vespers</b> <i>Men's voices</i>
	1730	<b>Mass</b> <i>Men's voices</i>


Download the weekly Music List at <http://musiclists.cathedralchoir.sydney>

**TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,  
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES  
AND OTHER ELECTRONIC DEVICES.**

# ORDER OF MASS

*At the sound of the Sacristy bell all stand and sing*

## THE HYMN



The musical score consists of four staves of music in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below each staff. The lyrics are: 'I heard the voice of Jesus say, 'Come unto me and rest; Lay down, O weary one, lay down Your head upon my breast.' I came to Jesus as I was, So weary, worn and sad; I found in him a resting place, And he has made me glad.'

I heard the voice of Jesus say,  
‘Behold, I freely give  
The living water; thirsty one,  
Stoop down and drink, and live.’  
I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.

I heard the voice of Jesus say,  
‘I am this dark world’s light;  
Look unto me, thy morn shall rise,  
And all thy day be bright.’  
I looked to Jesus, and I found  
In him my Star, my Sun;  
And in that light of life I’ll walk  
Till travelling days are done.

*Kingsfold  
Adapted from an English folk song  
by Ralph Vaughan Williams (1872–1958)*

*Horatius Bonar (1808–1889)*

## THE INTRODUCTORY RITES

*The Choir sings the INTROIT*

*cf. Psalm 24:15-16; 1-2*

**O**CULI mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respice in me, et miserere mei, quoniam unicus et pauper sum ego. V. Ad te Domine levavi animam meam: Deus meus, in te confido, non erubescam.

*My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor. V. To you, O Lord, I lift up my soul. I trust you, let me not be disappointed.*

*All make the Sign of the Cross as the Archbishop says*

In the name of the Father, and of the Son, and of the Holy Spirit.

℟: **Amen.**

Peace be with you.

℟: **And with your spirit.**

### PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*After a brief silence all say*

**I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,**

*All strike their breast thrice, saying*

**through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

*The Archbishop gives the absolution, saying*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

℟: **Amen.**

*The Choir sings the KYRIE*

*from Mass for four voices*

*William Byrd (c.1540–1623)*

Kyrie, eleison. Christe, eleison. Kyrie, eleison.

*Lord, have mercy. Christ, have mercy. Lord, have mercy.*

*The Archbishop says the COLLECT*

Let us pray.

**O** God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity  
of the Holy Spirit, God, for ever and ever.

℟: **Amen.**

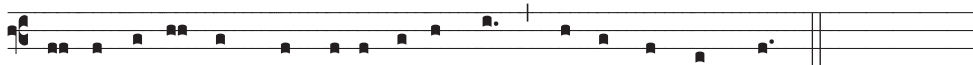
# THE LITURGY OF THE WORD

FIRST READING

*Exodus 17:3-7*

RESPONSORIAL PSALM

*Psalm 94:1-2,6-9* ℟: v.8



℟: **O that to-day you would listen to his voice! Harden not your hearts.**

Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord. ℟

Come in; let us bow and bend low;  
let us kneel before the God who made us:  
for he is our God and we the people who belong to his pasture,  
the flock that is led by his hand. ℟

O that today you would listen to his voice!  
‘Harden not your hearts as at Meribah,  
as on that day at Massah in the desert when your fathers put me to the test;  
when they tried me, though they saw my work’ ℟

SECOND READING

*Romans 5:1-2,5-8*

**A**D te levavi oculos meos, qui habitas in cœlis. Ecce sicut oculi servorum in manibus dominorum suorum: Et sicut oculi ancillæ in manibus dominæ suæ: Ita oculi nostri ad Dominum Deum nostrum, donec misereatur nostri. Miserere nobis Domine, miserere nobis.

*To you have I lifted up my eyes, you who dwell in the heavens: my eyes, like the eyes of slaves on the hand of their lords. Like the eyes of a servant on the hand of her mistress, so our eyes are on the Lord our God till he show us his mercy. Have mercy on us Lord, have mercy.*

GOSPEL

John 4:5-42

The Lord be with you.

℟: **And with your spirit.**

A reading from the holy Gospel according to John.

℟: **Glory to you, O Lord.**

*At the conclusion of the Gospel:*

The Gospel of the Lord.

℟: **Praise to you, Lord Jesus Christ.**

HOMILY

PROFESSION OF FAITH

**I BELIEVE** in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All bow during the following line:*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

UNIVERSAL PRAYER



# THE LITURGY OF THE EUCHARIST

*The Choir sings the OFFERTORY MOTET*

*Thomas Tallis (1505–1585)*

**S**ALVATOR mundi, salva nos: qui per crucem et sanguinem redemisti nos; auxiliare nobis, te deprecamur, Deus noster.

*Saviour of the world, save us: by your Cross and Blood you have redeemed us; help us, we pray you, our God.*

*The Archbishop says*

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

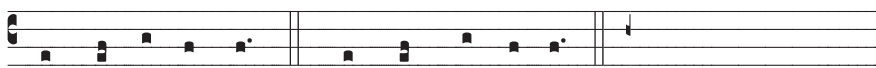
℟: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**


*The Archbishop says the PRAYER OVER THE OFFERINGS*

℟: **Amen.**

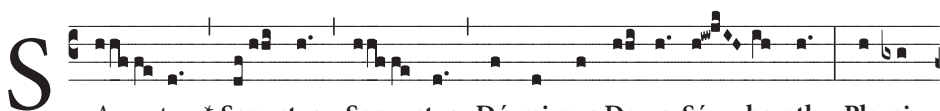
THE PREFACE

## THE EUCHARISTIC PRAYER

**T** HE Lord be with you. ℟: **And with your spi-rit.**

 Lift up your hearts. ℟: **We lift them up to the Lord.**

 Let us give thanks to the Lord our God. ℟: **It is right and just.**



An- ctus, \* San- ctus, San- ctus Dó-mi-nus De-us Sá- ba-oth. Ple-ni  
*Holy, Holy, Holy Lord God of hosts.*



sunt cæ- li et ter- ra gló-ri- a tu- a. Ho- sán-na in ex-cél-sis. Be-ne-díc-  
*Heaven and earth are full of your glory. Hosanna in the highest. Blessed*

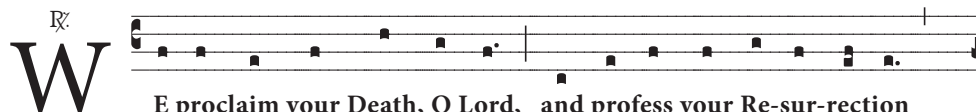


tus qui ve-nit in nó-mine Dómi-ni. Ho- sán-na in excél- sis.  
*is he who comes in the name of the Lord. Hosanna in the highest.*

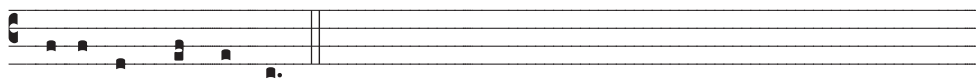
*When the Archbishop sings*

The mystery of faith.

*All sing*



**E** proclaim your Death, O Lord, and profess your Re-sur-rectio

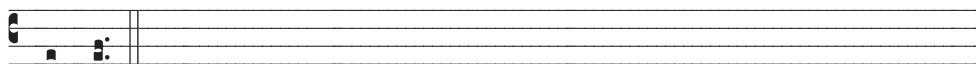


until you come a-gain.

*When the Archbishop sings*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

*All respond*

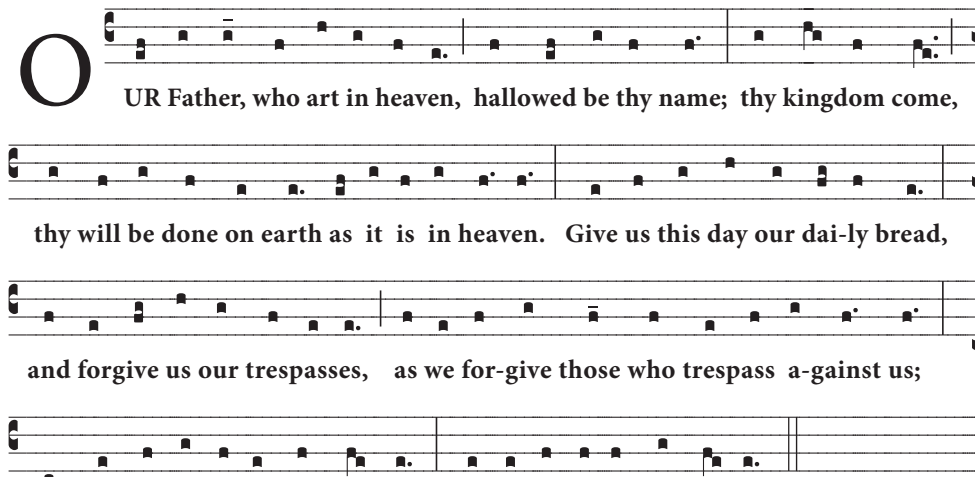


**R:** A-men.

# COMMUNION RITE


At the Saviour's command and formed by divine teaching, we dare to say:

*All sing*



**O** UR Father, who art in heaven, hallowed be thy name; thy kingdom come,  
thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,  
and forgive us our trespasses, as we for-give those who trespass a-gainst us;  
and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



℟: For the kingdom, the power and the glo-ry are yours now and for ev-er.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

℟: **Amen.**

The peace of the Lord be with you always.

℟: **And with your spirit.**

*The Choir sings the AGNUS DEI*

*from Mass for four voices*

*William Byrd (c.1540–1623)*

Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: miserere nobis.  
Agnus Dei, qui tollis peccata mundi: dona nobis pacem.

*Lamb of God, you take away the sins of the world: have mercy on us.*  
*Lamb of God, you take away the sins of the world: have mercy on us.*  
*Lamb of God, you take away the sins of the world: grant us peace.*

*The Archbishop shows the host to the congregation, saying*

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

✠ **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

***Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion. The sacred host must be consumed in the presence of the communion minister.***

*The Choir sings the COMMUNION ANTIPHON*

*John 4:13-14*

**Q**UI biberit aquam, quam ego do, dicit Dominus SamaritanÊ, fiet in eo fons aquÊ salientis in vitam Êternam.

*For anyone who drinks it, says the Lord, (to the Samaritan woman) the water I shall give will become in him a spring welling up to eternal life.*

All sing

## THE HYMN



The musical notation consists of two staves of music in G major (one sharp) and 4/4 time. The melody is written on a treble clef. The lyrics are: 'All ye who seek a com-fort sure In trou-ble and dis-tress, What - ev - er sor-row vex the mind, Or guilt the soul op - press.'

All ye who seek a com-fort sure In trou-ble and dis-tress,  
What - ev - er sor-row vex the mind, Or guilt the soul op - press.

Jesus, who gave himself for you  
Upon the Cross to die,  
Opens to you his Sacred Heart;  
O to that heart draw nigh.

Ye hear how kindly he invites;  
Ye hear his words so blest –  
'All ye that labour come to me,  
And I will give you rest.'

O Jesus, joy of saints on high,  
Thou hope of sinners here,  
Attracted by those loving words  
To thee I lift my prayer.

Wash thou my wounds in that dear blood  
Which forth from thee doth flow;  
New grace, new hope inspire, a new  
And better heart bestow.

*St Bernard*  
*Adapted from a melody in Tochter Sion*  
*Cologne (1741)*

*Quicumque certum quaeritis*  
*18th century Latin*  
*tr. Edward Caswall (1814–1878)*

*The Archbishop says the PRAYER AFTER COMMUNION*

℟: **Amen.**

## THE CONCLUDING RITES

The Lord be with you.

℟: **And with your spirit.**

Bow down for the blessing.

**D**IRECT, O Lord, we pray, the hearts of your faithful, and in your kindness grant your servants this grace: that, abiding in the love of you and their neighbour, they may fulfil the whole of your commands. Through Christ our Lord.

℟: **Amen.**

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you for ever.

℟: **Amen.**

Go forth, the Mass is ended.

℟: **Thanks be to God.**

*Liturgical law requires that solo organ music is not played during Lenten services.  
The Choir and sacred ministers return to the Sacristy in silence.*

### LATER TODAY IN THE CATHEDRAL

Solemn Vespers and Benediction *sung by the Lay Clerks  
of St Mary's Cathedral Choir*

**5.00pm**



# SCHOLARSHIPS NOW OPEN

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[www.cathedralchoir.sydney/about/choristers](http://www.cathedralchoir.sydney/about/choristers)

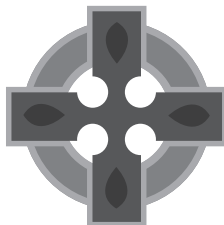


St Mary's  
Cathedral  
Choir

**St Mary's Cathedral**

St Mary's Road  
Sydney NSW 2000

[www.stmaryscathedral.org.au](http://www.stmaryscathedral.org.au)



**General enquiries**

Tel: (02) 9220 0400

Fax: (02) 9223 5208

Email: [info@stmaryscathedral.org.au](mailto:info@stmaryscathedral.org.au)

