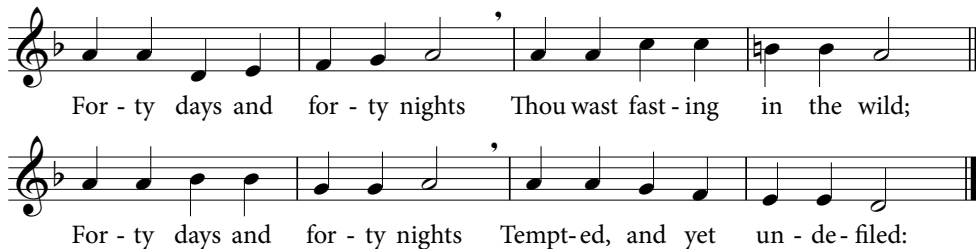


MUSIC AT THE  
SUNDAY 9.00am  
MASS



FIRST  
SUNDAY  
OF LENT

*All sing the PROCESSIONAL HYMN*



Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.

Shall not we thy sorrows share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with thee to suffer pain?

And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint or fail.

So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to thee.

Keep, O keep us, Saviour dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide.

# THE INTRODUCTORY RITES

*All make the Sign of the Cross as the Celebrant says*

In the name of the Father, and of the Son, and of the Holy Spirit.

℟: **Amen.**

The Lord be with you.

℟: **And with your spirit.**

## PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*After a brief silence all say*

**I** CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

*All strike their breast thrice, saying*

**through my fault, through my fault, through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

*The Celebrant gives the absolution, saying*

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

℟: **Amen.**

*All repeat each line of the KYRIE, after it has been sung by the Cantor.*



# THE LITURGY OF THE WORD

FIRST READING

*Genesis 2:7-9,3:1-7*

RESPONSORIAL PSALM

*Psalm 50:3-6,12-14,17 R. cf. v.3*



R. Hear us, O Lord, have mercy upon us: for we have sinned a-against you.

SECOND READING

*Romans 5:12-19*

GOSPEL ACCLAMATION



R. Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

*Matthew 4:1-11*

HOMILY

PROFESSION OF FAITH

**I** BELIEVE in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

*All bow during the following line:*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

# THE LITURGY OF THE EUCHARIST

*All sing the* OFFERTORY ANTIPHON

*Psalm 90:4-5*



℟ **The truth of the Lord will surround you with its shield.**

You will not fear the terror of the night nor the arrow that flies by day. ℟

For you has he commanded his angels, to keep you in all your ways. ℟

On the lion and the viper you will tread and trample the young lion and the dragon. ℟

When he calls I shall answer: I am with you, I will save him in distress and give him glory. ℟

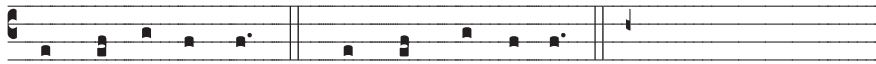
Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

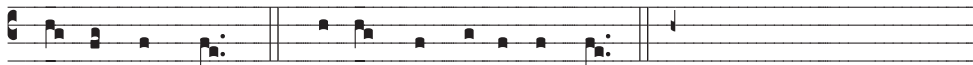
℟ **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

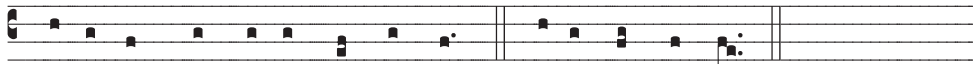
℟ **Amen.**

## THE EUCHARISTIC PRAYER

**T**  HE Lord be with you. ℟ **And with your spi-rit.**



Lift up your hearts. ℟ **We lift them up to the Lord.**



Let us give thanks to the Lord our God. ℟ **It is right and just.**

THE PREFACE

*All sing the SANCTUS*

*Mass of Perpetual Help*

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.\_\_\_\_

Heav'n and earth, heav'n and earth are full\_\_\_\_ of\_\_\_\_ your glo - ry. Ho-

san - na, ho - san - na in\_\_\_\_ the high - est.

Bless-ed is he, bless-ed is he who comes in the name of the Lord.\_\_\_\_

\_\_\_\_ Ho - san - na, ho - san - na in\_\_\_\_ the high - est.

*All sing the MEMORIAL ACCLAMATION*

**W**<sup>R</sup>e proclaim your Death, O Lord, and profess your Re-sur-rection

until you come a-gain.

*When the Celebrant sings*


Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

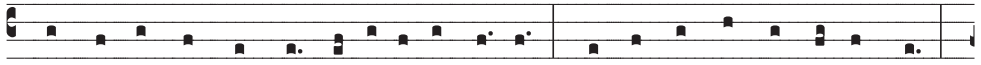
*All respond*

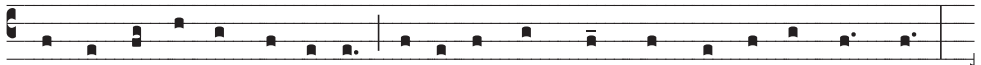
**R: A-men.**

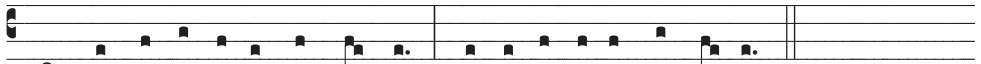
# COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:


**O**  UR Father, who art in heaven, hallowed be thy name; thy kingdom come,

 thy will be done on earth as it is in heaven. Give us this day our dai-ly bread,

 and forgive us our trespasses, as we for-give those who trespass a-against us;

 and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

 **R: For the kingdom, the power and the glo-ry are yours now and for ev-er.**

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

**R: Amen.**

The peace of the Lord be with you always.

**R: And with your spirit.**

Lamb of God, you take a - way the sins of the world, have  
mer - cy on us. Lamb of God, you take a - way the  
sins of the world, have mer - cy on us.  
Lamb of God, you take a - way the sins of the  
world, grant us peace.

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**℣: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

*Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion. The sacred host must be consumed in the presence of the communion minister.*

*All sing the* COMMUNION ANTIPHON



℟: **At-tén-de Dómine, et mi-se-ré-re, qui-a peccá-vi-mus ti-bi.**  
*Hear us, O Lord, and have mercy upon us, for we have sinned against you.*

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: My refuge, my stronghold, my God in whom I trust! ℟

It is he who will free you from the snare of the fowler who seeks to destroy you; He will conceal you with his pinions and under his wings you will find refuge. ℟

For you has he commanded his angels, to keep you in all your ways. They shall bear you upon their hands lest you strike your foot against a stone. ℟

On the lion and the viper you will tread and trample the young lion and the dragon. Since he clings to me in love, I will free him; protect you for he knows my name. ℟

PRAYER AFTER COMMUNION

℟: **Amen.**

## THE CONCLUDING RITES

The Lord be with you.

℟: **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

℟: **Amen.**

Go forth, the Mass is ended.

℟: **Thanks be to God.**

*Liturgical law requires that solo organ music is not played during Lenten services.*