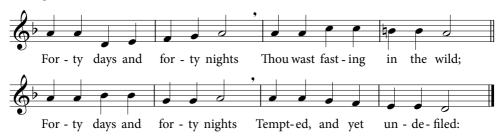
MUSIC AT THE SUNDAY 9.00am MASS



FIRST SUNDAY OF LENT

All sing the Processional Hymn



Sunbeams scorching all the day, Chilly dewdrops nightly shed, Prowling beasts about thy way, Stones thy pillow, earth thy bed.

Shall not we thy sorrows share, And from earthly joys abstain, Fasting with unceasing prayer, Glad with thee to suffer pain?

So shall we have peace divine; Holier gladness ours shall be; Round us too shall angels shine, Such as ministered to thee.

Keep, O keep us, Saviour dear, Ever constant by thy side; That with thee we may appear At the eternal Eastertide.

Aus der tiefe Nuremberg Gesangbuch (1676) George Hunt Smyttan (1822–1870) and Francis Pott (1832–1909)

THE INTRODUCTORY RITES

All make the Sign of the Cross as the Celebrant says

In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

The Lord be with you.

R? And with your spirit.

PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

After a brief silence all say

I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

All strike their breast thrice, saying

through my fault, through my fault, through my most grievous fault;

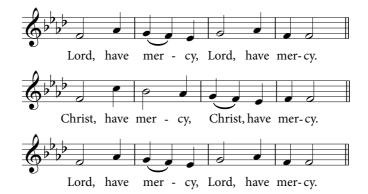
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

The Celebrant gives the absolution, saying

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

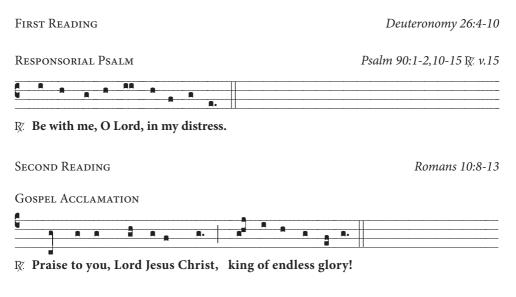
All repeat each line of the KYRIE, after it has been sung by the Cantor.



Mass of Perpetual Help

Robert More

THE LITURGY OF THE WORD



Gospel

Номил

PROFESSION OF FAITH

I BELIEVE in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

Luke 4:1-13

All bow during the following line:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

THE LITURGY OF THE EUCHARIST



\mathbb{R} The truth of the Lord will surround you with its shield.

You will not fear the terror of the night nor the arrow that flies by day. R.

For you has he commanded his angels, to keep you in all your ways. R.

On the lion and the viper you will tread and trample the young lion and the dragon. $R_{\rm c}^{\rm x}$

When he calls I shall answer: "I am with you," I will save him in distress and give him glory. R.

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

ℜ May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

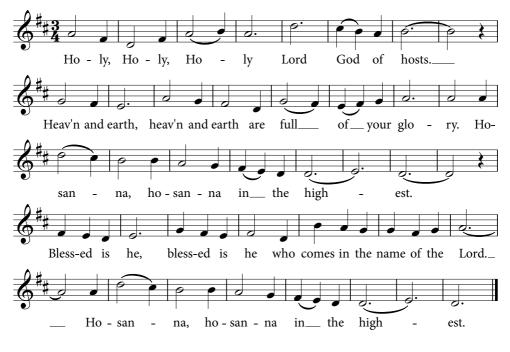
R. Amen.

THE EUCHARISTIC PRAYER

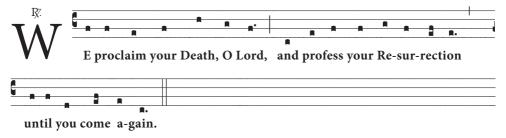


Let us give thanks to the Lord our God. R. It is right and just.

All sing the SANCTUS



All sing the MEMORIAL ACCLAMATION



When the Celebrant sings

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

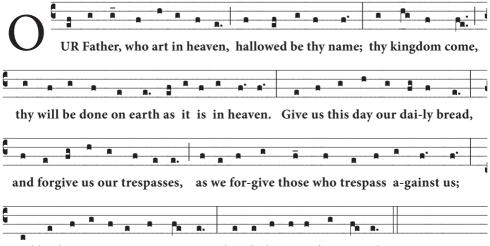
All respond



R. A-men.

COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:



and lead us not in-to temp-ta-tion, but de-liv-er us from e- vil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



 \mathbb{R} For the kingdom, the power and the glo-ry are yours now and for ev-er.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

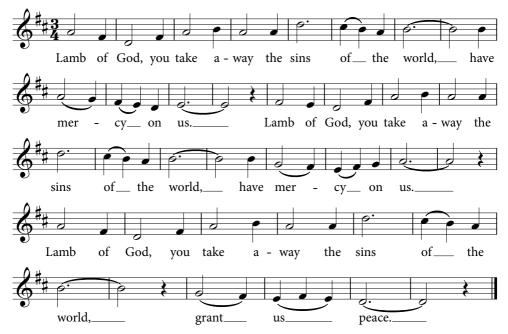
R. Amen.

The peace of the Lord be with you always.

R? And with your spirit.

All sing the Agnus Dei

Mass of Perpetual Help

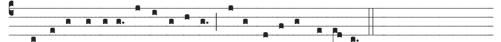


Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

ℵ Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion. The sacred host must be consumed in the presence of the communion minister.

All sing the COMMUNION ANTIPHON



R.At-ténde Dómine, et mi-se-ré-re, qui-a peccá-vi-mus ti- bi.Hear us, O Lord, and have mercy upon us, for we have sinned against you.

He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: My refuge, my stronghold, my God in whom I trust! R^{*}.

It is he who will free you from the snare of the fowler who seeks to destroy you; He will conceal you with his pinions and under his wings you will find refuge. R/

For you has he commanded his angels, to keep you in all your ways. They shall bear you upon their hands lest you strike your foot against a stone. R

On the lion and the viper you will tread and trample the young lion and the dragon. Since he clings to me in love, I will free him; protect you for he knows my name. R

PRAYER AFTER COMMUNION

R. Amen.

THE CONCLUDING RITES

The Lord be with you.

R? And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

RX: Amen.

Go forth, the Mass is ended.

R. Thanks be to God.

Liturgical law requires that solo organ music is not played during Lenten services.