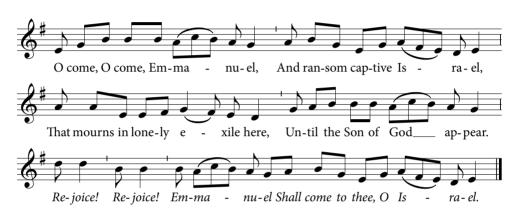
# MUSIC AT THE SUNDAY 9.00am MASS



# FOURTH SUNDAY OF ADVENT

All sing the Processional Hymn



O come, thou Rod of Jesse, free Thine own from Satan's tyranny; From depths of hell thy people save, And give them victory o'er the grave.

Rejoice! Rejoice! Emmanuel Shall come to thee, O Israel.

O come, thou Day-spring, come and cheer Our spirits by thine advent here; Disperse the gloomy clouds of night, And death's dark shadows put to flight.

O come, O come, thou Lord of Might, Who to thy tribes, on Sinai's height, In ancient times didst give the law In cloud and majesty and awe.

Veni Emmanuel Adapted from a French Missal by Thomas Helmore (1811–1890) Veni, veni Emmanuel Cologne 1710 tr. John Mason Neale (1818–1866)

# THE INTRODUCTORY RITES

All make the Sign of the Cross as the Celebrant says

In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

The Lord be with you.

 $\mathbb{R}$  And with your spirit.

### PENITENTIAL ACT

Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

After a brief silence all say

I CONFESS to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do.

All strike their breast thrice, saying

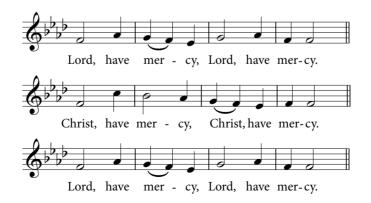
through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

The Celebrant gives the absolution, saying

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

#### R. Amen.

All repeat each line of the Kyrie, after it has been sung by the Cantor.



Mass of Perpetual Help

# THE LITURGY OF THE WORD

First Reading Micah 5:1-4



R. God of hosts, bring us back; let your face shine on us and we shall be saved.

SECOND READING Hebrews 10:5-10

ALLELUIA



R. Al-le-lú- ia, al-le-lú- ia, al-le-lú- ia.

Gospel Luke 1:39-45

HOMILY

PROFESSION OF FAITH

I BELIEVE in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow during the following line:

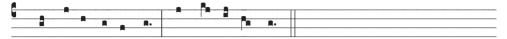
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

# THE LITURGY OF THE EUCHARIST

All sing the Offertory Antiphon

Luke 1:28



R: Hail, Mary, full of grace, the Lord is with you.

Blessed are you among women, and blessed is the fruit of your womb.

How can this happen, since I am a virgin? The Spirit of the Lord will come upon you and the power of the Almighty will overshadow you. R

Therefore the child that will be born of you will be holy, and will be called the Son of God.  $\mathbb{R}$ 

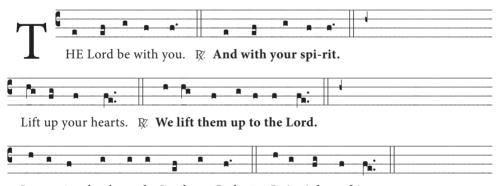
Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

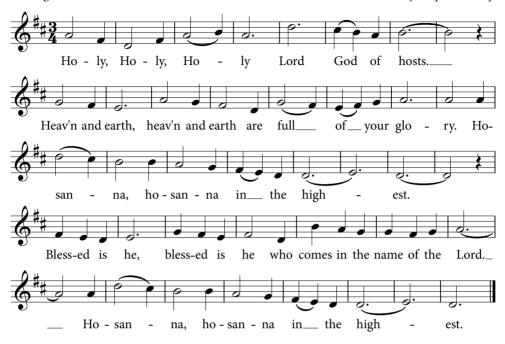
PRAYER OVER THE OFFERINGS

R. Amen.

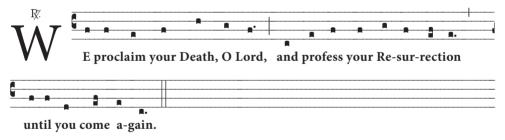
### THE EUCHARISTIC PRAYER



Let us give thanks to the Lord our God. R. It is right and just.



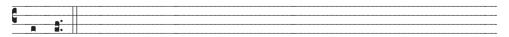
All sing the Memorial Acclamation



# When the Celebrant sings

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

All respond



## COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:



Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.



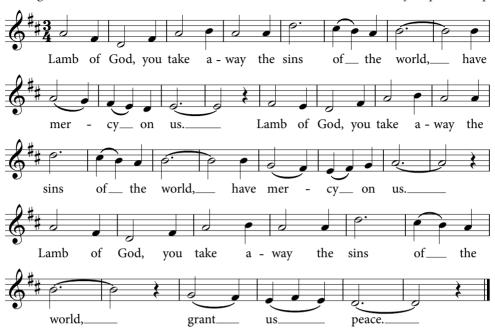
R. For the kingdom, the power and the glo-ry are yours now and for ev-er.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

R. Amen.

The peace of the Lord be with you always.

R: And with your spirit.

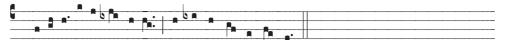


Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**R** Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Catholics who have made the proper spiritual and sacramental preparation may come forward in the procession to receive Holy Communion.

The sacred host must be consumed in the presence of the communion minister.



# R Rorá-te cæli dé-super, et nubes pluant iustum.

Drop down dew from above, you heavens, and let the clouds rain down the Just One.

Behold, a Virgin shall conceive and bear a son; and his name will be called Emmanuel. R:

The heavens proclaim the glory of God, and the firmament shows forth the work of his hands. Day unto day takes up the story and night unto night makes known the message. 

[X]

No speech, no word, no voice is heard yet their span extends through all the earth, their words to the utmost bounds of the world. There he has placed a tent for the sun. R.

It comes forth like a bridegroom coming from his tent, rejoices like a champion to run its course. At the end of the sky is the rising of the sun; to the furthest end of the sky is its course.  $\mathbb{R}^n$ 

#### PRAYER AFTER COMMUNION

R. Amen.

# THE CONCLUDING RITES

The Lord be with you.

R: And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

R. Amen.

Go forth, the Mass is ended.

R: Thanks be to God.