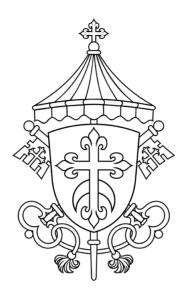
# ST MARY'S CATHEDRAL



# Solemn Vespers and Benediction

The Office of Evening Prayer

SAINT MARY OF THE CROSS

8 August 2021 5.00pm

### THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the center of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The public singing of Lauds and Vespers is a regular part of the life and worship of St Mary's Cathedral.

# SAINT MARY OF THE CROSS

(1842 - 1909)

Mary MacKillop was born in Melbourne in 1842 and died in Sydney on 8 August 1909. She took the religious name Mary of the Cross. Responding to the isolation of colonial families, she pioneered a new form of religious life to provide education for their children. She and her sisters shared the life of the poor and the itinerant, offering special care to destitute women and children. She is remembered for her eagerness to discover God's will in all things, for her charity in the face of calumny, and for her abiding trust in God's providence. She was canonized by Pope Benedict XVI on 17 October 2010: the first Australian saint.

# EXPOSITION OF THE BLESSED SACRAMENT

As the Blessed Sacrament is brought to the altar all kneel.

The cantors sing

O salutaris hostia, quæ cæli pandis ostium, bella premunt hostilia, da robur, fer auxilium.

O saving victim, opening the gate of heaven; hostile wars press on, give strength, bring us help.

Uni trinoque Domino sit sempiterna gloria, qui vitam sine termino nobis donet in patria. Amen. To the Lord, the One in Three, be everlasting glory, that he may give us life without end in our native land. Amen.

# ORDER OF VESPERS

## INTRODUCTION TO THE OFFICE

V. Deus, in adiutorium meum intende.

R. Domine, ad adiuvandum me festina.

Gloria Patri et Filio et Spiritui Sancto.

Sicut erat in principio et nunc et semper

et in sæcula sæculorum. Amen. Alleluia

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit, as it was in the beginning,

is now, and ever shall be,

world without end. Amen. Alleluia.

#### OFFICE HYMN

Læti colentes famulum qui te perfecte coluit, tibi gratanter, Domine, amoris hymnum promimus.

Christi fidelis assecla, ultro reliquit gaudia cuncta quæ mundus exhibet fugaces atque copias.

Tibi se vovit subditum humilitate obœdiens, Christi, carnis munditie, sponsi æmulator virginum.

Tibi placere gestiit tibique adhæsit unice, mentem, verba vel opera amoris fovens ignibus.

His caritatis vinculis in terris tibi deditus, liber ad astra iugiter triumphaturus prodiit.

Eius exemplis excitos da gradi nos alacriter, ut te cum Nato et Spiritu laudemus hymnis cælicis. Amen. Accept, O Lord, the hymn of love Our grateful hearts proclaim this day, To honour one who undertook For love of you, the perfect way.

As faithful follower of Christ, In poverty she chose to live, All riches and their joys she spurned, Not seeking what the world can give.

Devoting heart and soul to you, She strove for true humility, That imitates in thought and deed The Spouse of Virgin's purity.

She sought to serve but you alone, To please you was her one desire, Her inmost soul, each word and act, Was prompted by love's ardent fire.

Wholeheartedly she served on earth, Attached to you by bonds of love, Until her freed, triumphant soul Attained its great reward above.

Grant us the grace of eagerness
To tread the path she bravely trod,
That with her we may praises sing
To you, blest Trinity, our God. Amen.

# **PSALMODY**

#### FIRST ANTIPHON

A CCINXIT fortitudine lumbos suos et roboravit brachium suum; ideoque lucerna eius non exstinguetur in sempiternum.

She puts her back into her work and shows how strong her arms can be. She finds her labour well worth while; her lamp does not go out at night.

# PSALM 121 (122)

Lætatus sum in eo quod dixerunt mihi: I rejo

«In domum Domini ibimus».

Stantes iam sunt pedes nostri in portis tuis, Ierusalem.

Ierusalem, quæ ædificata est ut civitas, sibi compacta in idipsum.

Illuc enim ascenderunt tribus, tribus Domini, testimonium Israel.

ad confitendum nomini Domini.

Quia illic sederunt sedes ad iudicium, sedes domus David.

Rogate, quæ ad pacem sunt Ierusalem: «Securi sint diligentes te!

Fiat pax in muris tuis, et securitas in turribus tuis!».

Propter fratres meos et proximos meos loquar: «Pax in te!».

Propter domum Domini Dei nostri exquiram bona tibi.

Gloria Patri et Filio, et Spiritui Sancto.

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

I rejoiced when I heard them say:

'Let us go to God's house.'

And now our feet are standing within your gates, O Jerusalem.

*Jerusalem is built as a city strongly compact.* 

It is there that the tribes go up, the tribes of the Lord.

For Israel's law it is,

there to praise the Lord's name.

There were set the thrones of judgement

of the house of David.

For the peace of Jerusalem pray:

'Peace be to your homes!

May peace reign in your walls, in your palaces, peace!'

For love of my brethren and friends I say: 'Peace upon you!'

For love of the house of the Lord I will ask for your good.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Antiphon is repeated.

#### SECOND ANTIPHON

FUNDAMENTA æterna supra petram: sic Dei mandata in corde mulieris sanctæ.

Like everlasting foundations on a rock are the commandments of God in the heart of a good woman.

# PSALM 126 (127)

Nisi Dominus ædificaverit domum, in vanum laborant, qui ædificant eam.

If the Lord does not build the house, in vain do its builders labour;

Nisi Dominus custodierit civitatem, frustra vigilat, qui custodit eam.

if the Lord does not watch over the city, in vain does the watchman keep vigil.

Vanum est vobis ante lucem surgere et sero quiescere, qui manducatis panem laboris, quia dabit dilectis suis somnum. In vain is your earlier rising, your going later to rest, you who toil for the bread you eat, when he pours gifts on his beloved while they slumber.

Ecce hereditas Domini filii, merces fructus ventris.

Truly sons are a gift from the Lord, a blessing, the fruit of the womb.

Sicut sagittæ in manu potentis, ita filii iuventutis.

Indeed the sons of youth are like arrows in the hand of a warrior.

Beatus vir, qui implevit pharetram suam ex ipsis: non confundetur, cum loquetur inimicis suis in porta. O the happiness of the man who has filled his quiver with these arrows! He will have no cause for shame when he disputes with his foes in the gateways.

Gloria Patri et Filio, et Spiritui Sancto. Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Antiphon is repeated.

#### THIRD ANTIPHON

MENS mea solidata est et in Christo fundata.

My mind is firmly settled and founded in Christ.

# CANTICLE Ephesians 1:3-10

Benedictus Deus et Pater Domini nostri Iesu Christi, qui benedixit nos in omni benedictione spiritali in cælestibus in Christo, Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

sicut elegit nos in ipso ante mundi constitutionem, ut essemus sancti et immaculati in conspectu eius in caritate, He chose us in him before the foundation of the world, that we should be holy and blameless before him.

qui prædestinavit nos in adoptionem filiorum per Iesum Christum in ipsum, secundum beneplacitum voluntatis suæ, He destined us in love to be his sons through Jesus Christ, according to the purpose of his will,

in laudem gloriæ gratiæ suæ, in qua gratificavit nos in Dilecto,

to the praise of his glorious grace which he freely bestowed on us in the Beloved.

in quo habemus redemptionem per sanguinem eius, remissionem peccatorum, In him we have redemption through his blood, the forgiveness of our trespasses,

secundum divitias gratiæ eius, quae superabundavit in nobis in omni sapientia et prudentia, according to the riches of his grace which he lavished upon us in all wisdom and insight,

notum faciens nobis mysterium voluntatis suæ, secundum beneplacitum eius,

he has made known to us the mystery of his will, according to his purpose

quod proposuit in eo, in dispensationem plenitudinis temporum:

which he set forth in Christ as a plan for the fullness of time,

recapitulare omnia in Christo, quæ in cælis et quæ in terra. to unite all things in him, things in heaven and things on earth.

Gloria Patri et Filio, et Spiritui Sancto.

Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Antiphon is repeated.

SCRIPTURE READING Romans 8:28-30

WE are well assured that everything helps to secure the good of those who love God, those whom he has called in fulfilment of his design. All those who from the first were known to him, he has destined from the first to be moulded into the image of his Son, who is thus to become the eldestborn among many brethren. So predestined, he called them; so called, he justified them; so justified, he glorified them.

#### SHORT RESPONSORY

Elegit eam Deus, God has chosen her.

et præelegit eam. He chose her before she was born.

Gloria Patri et Filio Glory be to the Father and to the Son

et Spiritui Sancto. R. and to the Holy Spirit.

All stand.

#### **MAGNIFICAT ANTIPHON**

VOS qui reliquistis omnia et secuti estis me, centuplum accipietis et vitam æternam possidebitis.

You have left all things and have followed me; you will be repaid a hundred times over, and gain eternal life.

#### **MAGNIFICAT**

Primi toni Plainchant

Magnificat My soul

anima mea Dominum, glorifies the Lord,

et exsultavit spiritus meus in Deo salutari meo. my spirit rejoices in God, my Saviour.

quia respexit humilitatem ancillæ suæ.

Ecce enim ex hoc beatam me dicent

omnes generationes,

He looks on his servant in her lowliness;

henceforth all ages will call me blessed.

quia fecit mihi magna, qui potens est,

et sanctum nomen eius,

The Almighty works marvels for me.

Holy his name!

et misericordia eius a progenie in progenies

timentibus eum.

His mercy is from age to age, on those who fear him.

Fecit potentiam in brachio suo, dispersit superbos mente cordis sui;

He puts forth his arm in strength and scatters the proud-hearted.

deposuit potentes de sede; et exaltavit humiles: He casts the mighty from their thrones and raises the lowly.

esurientes implevit bonis et divites dimisit inanes.

He fills the starving with good things, sends the rich away empty.

Suscepit Israel puerum suum, recordatus misericordiæ suæ,

He protects Israel, his servant, remembering his mercy,

sicut locutus est ad patres nostros, Abraham et semini eius in sæcula. the mercy promised to our fathers, to Abraham and his sons for ever.

Gloria Patri et Filio, et Spiritui Sancto.

Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

#### **INTERCESSIONS**

Through the holy women let us pray to the Lord for all the needs of his Church.

#### R. Lord, remember your Church.

Through the women martyrs who overcame death with undying courage, strengthen your Church in time of trial.  $\mathbb{R}$ 

Through the married women who graced the lives of the human family, renew the Church in her apostolic mission.  $\mathbb{R}^{n}$ 

Through all the widows who sanctified loneliness with prayer and hospitality, make your Church a telling sign of your love for all the world. 

R

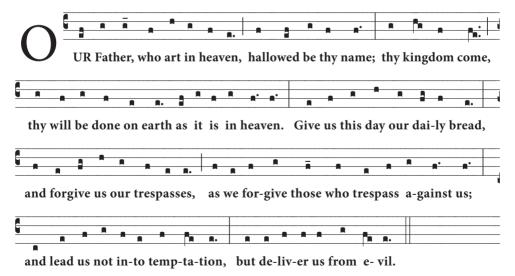
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Through all the mothers who introduced their children to the kingdom of God and true human life in society, may your Church bring all men to eternal life and salvation.  $\mathbb{R}^n$ 

Through all the holy women who live in the light of your glory, grant to the faithful departed the everlasting vision of happiness.

At the Saviour's command and formed by divine teaching, we dare to say:

All sing

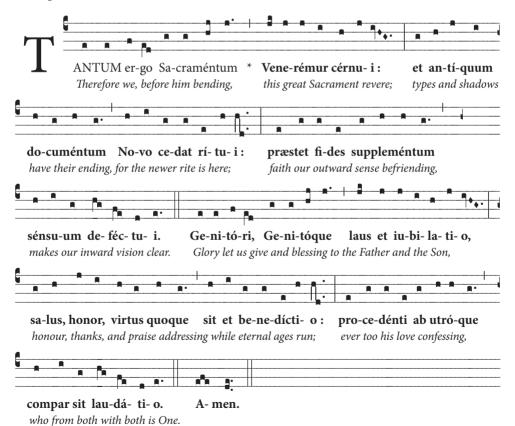


#### COLLECT

GOD, source of all goodness, who have shown us in Saint Mary a woman of faith living by the power of the Cross, teach us, we pray, by her example to live the Gospel in changing times and to respect and defend the human dignity of all in our land. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

All sing





V. Panem de cælo præstitísti e- is. You gave them bread from heaven.



R: Omne delectaméntum in se habén- tem.

Containing in itself all sweetness.

#### Oremus.

DEUS, qui nobis sub sacramento mirabili passionis tuæ memoriam reliquisti: tribue quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari; ut redemptionis tuæ fructum in nobis iugiter sentiamus. Qui vivis et regnas in sæcula sæculorum.

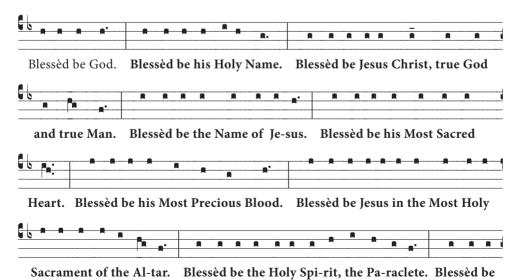
Let us pray.

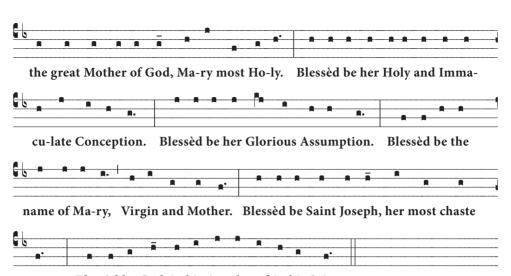
O God, who in a wonderful Sacrament has left us a memorial of your passion: grant us so to venerate the sacred mysteries of your Body and Blood, that we may perceive within ourselves the fruit of thy redemption; who lives and reigns for ever and ever.

R. Amen.

BENEDICTION is given.

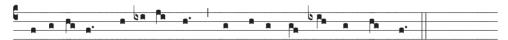
#### THE DIVINE PRAISES





Blessèd be God in his Angels and in his Saints. spouse.

As the Blessed Sacrament is reposed, all sing



A-do-rémus \* in æ-tér-num Sanc-tís-si-mum Sa- cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

Laudate Dominum omnes gentes:

laudate eum omnes populi. Quoniam confirmata est super nos

misericordia eius:

et veritas Domini manet in æternum.

Gloria Patri, et Filio: et Spiritui Sancto,

sicut erat in principio, et nunc et semper: et in sæcula sæculorum. Amen.

O praise the Lord, all you nations, acclaim his all you peoples!

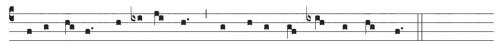
Strong is his love for us;

he is faithful for ever.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.



A-do-rémus \* in æ-tér-num Sanc-tís-si-mum Sa- cra-mén-tum. Let us adore for ever the most Holy Sacrament.

#### THE ANTIPHON TO THE BLESSED VIRGIN MARY



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