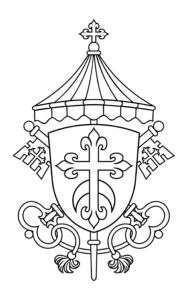
ST MARY'S CATHEDRAL



Solemn Vespers and Benediction

The Office of Evening Prayer

THE ASCENSION OF THE LORD

THE OFFICE OF VESPERS

Vespers, also called Evening Prayer, is part of the Liturgy of the Hours, also known as the Divine Office. In the Liturgy of the Hours, the Church fulfills Jesus' command to "pray continually". Through hymns, psalms, canticles, readings, and prayers, the people of God sanctify the day by continual praise of God and intercession for the needs of the world.

The Liturgy of the Hours includes several specified times of prayer. The most important times are Morning Prayer: Lauds (which takes place upon rising) and Evening Prayer: Vespers (which takes place as dusk begins to fall). The Office of Vespers gives thanks for the day just past and makes an evening sacrifice of praise to God.

Bishops, priests, deacons, and many men and women in consecrated life pray the Liturgy of the Hours each day. Their work is organised around this prayer, keeping God always at the centre of their days. Lay people are encouraged to pray the Liturgy of the Hours as well, especially Morning and Evening Prayer. The public singing of Lauds and Vespers is a regular part of the life and worship of St Mary's Cathedral.

TO MAINTAIN A SPIRIT OF REVERENCE AND SOLEMNITY,
PLEASE TURN OFF AND REFRAIN FROM USING ALL MOBILE TELEPHONES
AND OTHER ELECTRONIC DEVICES.

EXPOSITION OF THE BLESSED SACRAMENT

At the sound of the Sacristy bell all stand.

As the Blessed Sacrament is brought to the altar all kneel.





O sa - lu - tá - ris Hó - sti - a, Quae cae - li pan-dis ós - ti - um, O saving Victim, opening wide the gate of Heaven to man below;



Bel - la pre-munt ho - stí - li-a, Da ro-bur, fer au - xí - li-um. Our foes press hard on every side; thine aid supply; thy strength bestow.



U - ni tri - nó-que Dó-mi - no Sit sem-pi - tér - na gló - ri - a, All praise and thanks to thee ascend, for ever more, blest one in three.



Qui vi-tam si - ne tér - mi-no No - bis do-net in pá - tri - a. O grant us life that shall not end, in our true native land with thee.



ORDER OF VESPERS

At the sound of the Sacristy bell all stand.

INTRODUCTION TO THE OFFICE

W. Deus, in adjutorium meum intende.

R. Domine, ad adiuvandum me festina.

Gloria Patri et Filio et Spiritui Sancto.

Sicut erat in principio et nunc et semper

et in sæcula sæculorum. Amen. Alleluia.

O God, come to our aid.

O Lord, make haste to help us. Glory be to the Father and to the Son

and to the Holy Spirit, as it was in the beginning,

is now, and ever shall be,

world without end. Amen. Alleluia.

OFFICE HYMN

Iesu, nostra redemptio amor et desiderium, Deus creator omnium, homo in fine temporum, O Jesus, our redeeming Lord, the source of love and all desire, true God, creator of the world, true Man beyond the end of time,

Quæ te vicit clementia, ut ferres nostra crimina, crudelem mortem patiens, ut nos a morte tolleres: What clemency has mastered you, that you should bear our grievous sins, and suffer cruel and bitter death to rescue us from death's domain?

Inferni claustra penetrans, tuos captivos redimens; victor triumpho nobili ad dextram Patris residens? For us you breached the walls of hell, and ransomed all your captives there; as victor at the Father's right, in noble triumph you preside.

Ipsa te cogat pietas, ut mala nostra superes parcendo, et voti compotes nos tuo vultu saties. May this same love impel you still to overcome our evil deeds, to pardon them and grant our prayer, to gaze for ever on your face.

Tu esto nostrum gaudium, qui es futurus præmium; sit nostra in te gloria per cuncta semper sæcula. Amen. Lord Jesus, be all joy for us, for you shall be our great reward; may all our glory be in you through endless ages evermore. Amen.

PSALMODY

FIRST ANTIPHON

SEDE a dextis meis, dixit Dominus Domino meo, alleluia.

Sit on my right, said the Lord to my Master, alleluia.

PSALM 109 (110)

Dixit Dominus Domino meo:

The Lord's revelation to my Master:

«Sede a dextris meis,

'Sit on my right:

donec ponam inimicos tuos: scabellum pedum tuorum».

your foes I will put beneath your feet.'

Virgam potentiæ tuæ emittet Dominus ex Sion:

The Lord will wield from Zion your sceptre of power:

rule in the midst of all your foes.

Tecum principatus in die virtutis tuæ, in splendoribus sanctis: ex utero ante luciferum genui te. A prince from the day of your birth

on the holy mountains;

from the womb before the dawn I begot you.

Iuravit Dominus et non pænitebit eum: «Tu es sacerdos in æternum secundum ordinem Melchisedech».

The Lord has sworn an oath he will not change. 'You are a priest for ever,

a priest like Melchizedek of old.'

Dominus a dextris tuis: conquassabit in die iræ suæ reges.

The Master standing at your right hand will shatter kings in the day of his wrath.

De torrente in via bibet: propterea exaltabit caput.

He shall drink from the stream by the wayside and therefore he shall lift up his head.

Gloria Patri et Filio, et Spiritui Sancto. Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

SECOND ANTIPHON

ASCENDIT Deus in iubilatione, et Dominus in voce tubæ, alleluia.

God goes up with shouts of joy; the Lord ascends with trumpet blast. Alleluia.

PSALM 46 (47)

Omnes gentes, plaudite manibus, iubilate Deo in voce exsultationis,

All peoples, clap your hands, cry to God with shouts of joy!

quoniam Dominus Altissimus, terribilis, rex magnus super omnem terram.

For the Lord, the Most High, we must fear, great king over all the earth.

Subiecit populos nobis et gentes sub pedibus nostris.

He subdues peoples under us and nations under our feet.

Elegit nobis hereditatem nostram, gloriam Iacob, quem dilexit.

Our inheritance, our glory, is from him, given to Jacob out of love.

Ascendit Deus in iubilo, et Dominus in voce tubæ.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

Psallite Deo, psallite; psallite regi nostro, psallite.

Sing praise for God, sing praise, sing praise to our king, sing praise.

Quoniam rex omnis terræ Deus, psallite sapienter.

God is king of all the earth, sing praise with all your skill.

Regnavit Deus super gentes, Deus sedet super sedem sanctam suam.

God is king over the nations; God reigns on his holy throne.

Principes populorum congregati sunt cum populo Dei Abraham,

The princes of the people are assembled with the people of Abraham's God.

quoniam Dei sunt scuta terræ: vehementer elevatus est.

The rulers of the earth belong to God, to God who reigns over all.

Gloria Patri et Filio et Spiritui Sancto.

Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

THIRD ANTIPHON

CLARIFICATUS est Filius hominis, et Deus Clarificatus est in eo, alleluia.

Now the Son of Man has been glorified, and in him God has been glorified, alleluia.

CANTICLE Apocalypse 1:17-18,12:10-12

Gratias agimus tibi, Domine Deus omnipotens, We give thanks to you, Lord God Almighty,

qui es et qui eras,

who are and who were,

quia accepisti virtutem tuam magnam et regnasti.

that you have taken your great power and begun to reign.

Et iratæ sunt gentes,

The nations raged,

et advenit ira tua, et tempus mortuorum iudicari,

but your wrath came, and the time for the dead to be judged,

et reddere mercedem servis tuis prophetis et sanctis for rewarding your servants, the prophets and saints,

et timentibus nomen tuum, pusillis et magnis.

and those who fear your name, both small and great.

Nunc facta est salus et virtus et regnum Dei nostri et potestas Christi eius, Now the salvation and the power and the kingdom of our God and the authority of his Christ have come,

quia proiectus est accusator fratrum nostrorum,

for the accuser of our brethren has been thrown down,

qui accusabat illos ante conspectum Dei nostri die ac nocte.

who accuses them day and night before our God.

Et ipsi vicerunt illum propter sanguinem Agni

And they have conquered him by the blood of the Lamb,

et non dilexerunt animam suam usque ad mortem.

et propter verbum testimonii sui;

and by the word of their testimony, for they loved not their lives

Propterea lætamini, cæli et qui habitatis in eis.

Rejoice, then, O heaven and you that dwell therein.

even unto death.

Gloria Patri et Filio, et Spiritui Sancto. Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

Scripture Reading 1 Peter 3:18,21-22

CHRIST himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life. He has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

SHORT RESPONSORY

Ascendo ad Patrem meum et Patrem vestrum, Alleluia, alleluia.

I am ascending to my Father and your Father, alleluia, alleluia.

I go to my God and your God.

 Glory be to the Father and to the Son and to the Holy Spirit.

All stand.

MAGNIFICAT ANTIPHON

REX gloriæ, Domine virtutum, qui triumphator hodie super omnes cælos ascendisti, ne derelinquas nos orphanos; sed mitte promissum Patris in nos, Spiritum veritatis, alleluia.

King of Glory, Lord Almighty, today you have ascended victoriously above the heavens. Do not leave us as orphans without a guide, but send us the one whom you promised, the gift of the Father, the Spirit of Truth. Alleluia.

MAGNIFICAT

Secundi toni

Matthew Martin (b. 1976)

Magnificat

anima mea Dominum,

glorifies the Lord,

My soul

et exsultavit spiritus meus

in Deo salutari meo.

my spirit rejoices in God, my Saviour.

quia respexit humilitatem ancillæ suæ.

Ecce enim ex hoc beatam me dicent

omnes generationes,

He looks on his servant in her lowliness:

henceforth all ages

will call me blessed.

quia fecit mihi magna, qui potens est,

et sanctum nomen eius,

The Almighty works marvels for me.

Holy his name!

et misericordia eius a progenie in progenies

timentibus eum.

His mercy is from age to age,

on those who fear him.

Fecit potentiam in brachio suo, dispersit superbos mente cordis sui; He puts forth his arm in strength and scatters the proud-hearted.

deposuit potentes de sede; et exaltavit humiles; He casts the mighty from their thrones

and raises the lowly.

esurientes implevit bonis et divites dimisit inanes.

He fills the starving with good things,

sends the rich away empty.

Suscepit Israel puerum suum, recordatus misericordiæ suæ.

He protects Israel, his servant, remembering his mercy,

sicut locutus est ad patres nostros, Abraham et semini eius in sæcula.

the mercy promised to our fathers, to Abraham and his sons for ever.

Gloria Patri et Filio, et Spiritui Sancto.

Glory be to the Father and to the Son and to the Holy Spirit,

Sicut erat in principio et nunc et semper et in sæcula sæculorum. Amen.

as it was in the beginning, is now, and ever shall be, world without end. Amen.

INTERCESSIONS

Rejoicing, let us pray to Christ who is seated at the right hand of the Father.

N: You, Christ, are the king of glory.

King of glory, in you our mortal flesh has been lifted to the heights: deliver us from the corruption of sin and restore us to immortal life. \mathbb{R}^n

Following the path of love, you came down to us from heaven: let us follow that same path in our ascent to you.

R

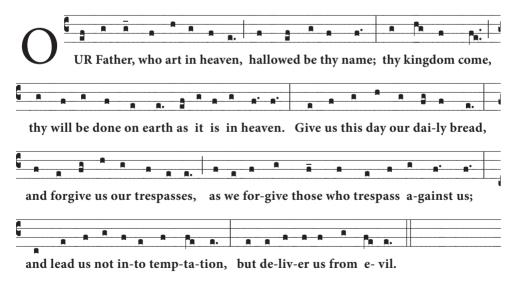
You promised to draw all men to yourself: do not let any of us be separated from your body. \mathbb{R}

You have ascended into heaven: let us be there with you in our minds and hearts.

We await your coming in majesty on the great day of judgement: may we then gaze upon your glory, with all the faithful departed. R

At the Saviour's command and formed by divine teaching, we dare to say:

All sing



COLLECT

ALMIGHTY God, fill us with a holy joy; teach us how to thank you with reverence and love on account of the ascension of Christ your Son. You have raised us up with him: where he, the head, has preceded us in glory, there we, the body, are called in hope. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

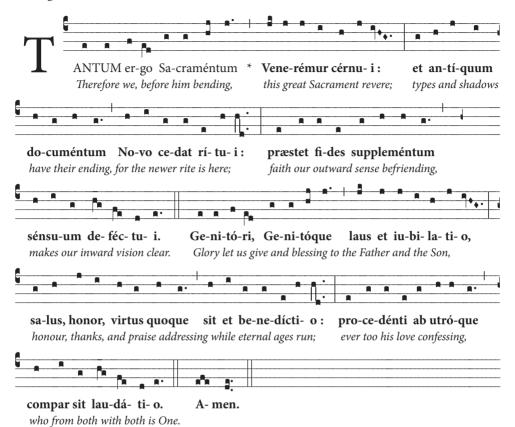
The Choir sings

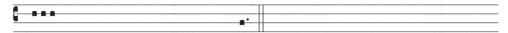
THE MOTET

MNES gentes plaudite minibus, iubilate Deo in voce exsultationis. Quoniam Dominus excelsus terribilis, Rex magnus super omnem terram. Subiecit populos nobis, et gentes sub pedibus nostris. Ascendit Deus in iubilo et Dominus in voce tubæ. Psallite Deo nostro, psallite: psallite Regi nostro, psallite, psallite sapienter. Quoniam regnavit Deus in aeternum.

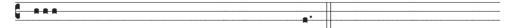
Clap your hands, all peoples! Shout to God with loud songs of joy! For the Lord, the Most High, we must fear: he is the great king over all the earth. He subdued peoples under us, and nations under our feet. God has gone up with a shout, the Lord with the sound of the trumpet. Sing praises to God, sing praises! Sing praises to our King, sing praises! Sing praises with a psalm! God reigns for ever.

Giovanni Croce (1557-1609)





Y. Panem de cælo præstitísti eis, allelú- ia. You gave them bread from heaven.



Omne delectaméntum in se habéntem, allelú- ia.
 Containing in itself all sweetness.

Oremus.

DEUS, qui nobis sub sacramento mirabili passionis tuæ memoriam reliquisti: tribue quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari; ut redemptionis tuæ fructum in nobis iugiter sentiamus. Qui vivis et regnas in sæcula sæculorum.

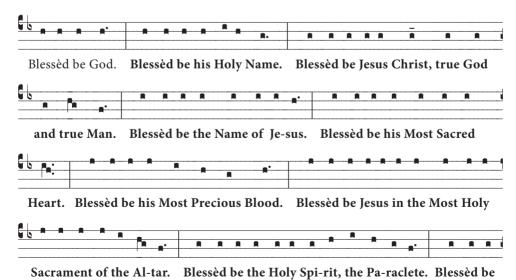
Let us pray.

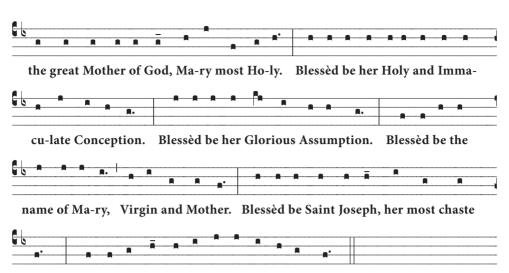
O God, who in a wonderful Sacrament has left us a memorial of your passion: grant us so to venerate the sacred mysteries of your Body and Blood, that we may perceive within ourselves the fruit of thy redemption; who lives and reigns for ever and ever.

R. Amen.

BENEDICTION is given.

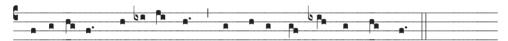
THE DIVINE PRAISES





Blessèd be God in his Angels and in his Saints. spouse.

As the Blessed Sacrament is reposed, all sing



A-do-rémus * in æ-tér-num Sanc-tís-si-mum Sa- cra-mén-tum.

Let us adore for ever the most Holy Sacrament.

Laudate Dominum omnes gentes:

laudate eum omnes populi.

Quoniam confirmata est super nos misericordia eius:

et veritas Domini manet in æternum.

Gloria Patri, et Filio: et Spiritui Sancto,

sicut erat in principio, et nunc et semper: et in sæcula sæculorum. Amen. O praise the Lord, all you nations, acclaim his all you peoples!

Strong is his love for us;

he is faithful for ever.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world without end. Amen.



A-do-rémus * in æ-tér-num Sanc-tís-si-mum Sa- cra-mén-tum. Let us adore for ever the most Holy Sacrament.

THE ANTIPHON TO THE BLESSED VIRGIN MARY



us to God.

Organ Voluntary

Christus Vincit (Le Tombeau de Duruflé)

David Briggs (b. 1962)

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