



# St Mary's Cathedral

SYDNEY

St. Mary's Road Sydney NSW 2000  
Phone: (02) 9220 0400 Fax: (02) 9223 5208  
Email: [info@stmaryscathedral.org.au](mailto:info@stmaryscathedral.org.au)  
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Instagram: @stmaryscathedralsydney

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## Sunday, 10 March 2019

### First Sunday Of Lent - Year C

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Dear Parishioners and Visitors,

As we have begun Lent, I would like to share with you two things: firstly, a little paragraph from the Catechism of the Catholic Church on the process of penitence and conversion, and secondly a 400 year old poem about keeping Lent.

“The process of conversion and repentance was described by Jesus in the parable of the prodigal son, the center of which is the merciful father: the fascination of illusory

freedom, the abandonment of the father's house; the extreme misery in which the son finds himself after squandering his fortune; his deep humiliation at finding himself obliged to feed swine, and still worse, at wanting to feed on the husks the pigs ate; his reflection on all he has lost; his repentance and decision to declare himself guilty before his father; the journey back; the father's generous welcome; the father's joy - all these are characteristic of the process of conversion. The beautiful robe, the ring, and the festive banquet are symbols of that new life - pure worthy, and joyful - of anyone who returns to God and to the bosom of his family, which is the Church. Only the heart Of Christ Who knows the depths of his Father's love could reveal to us the abyss of his mercy in so simple and beautiful a way.”

-Catechism of the Catholic Church, #1439

*To Keep a True Lent*

Is this a Fast, to keep  
The larder lean?  
And clean  
From fat of veals and sheep?

Is it to quit the dish  
Of flesh, yet still  
To fill  
The platter high with fish?

Is it to fast an hour,  
Or ragg'd to go,  
Or show  
A downcast look and sour?

No: 'tis a Fast to dole  
Thy sheaf of wheat  
And meat  
Unto the hungry soul.

It is to fast from strife  
And old debate,  
And hate;  
To circumcise thy life.

To show a heart grief-rent;  
To starve thy sin,  
Not bin;  
And that's to keep thy Lent.

Robert Herrick (1591-1674)

May our Lenten penance bring about a new springtime in our lives!

*Fr Don Richardson, Dean.*

*Liturgy...*

**First Reading Dt 26:4-10**

**A reading from the prophet Deuteronomy**

*The confession of faith of the elect.*

Moses said to the people: ‘The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.” You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

**The word of the Lord.  
Response: Thanks be to God**

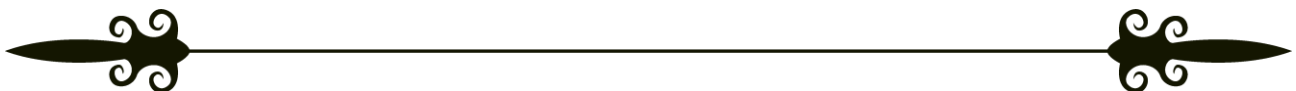


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**Responsorial Psalm Ps 90:1-2. 10-15. R. v.15**

*(R) Be with me, Lord, when I am in trouble.*

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: ‘My refuge, my stronghold, my God in whom I trust!’ *(R)*
2. Upon you no evil shall fall, no plague approach where you dwell. For you have commanded his angels, to keep you in all your ways. *(R)*
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. *(R)*
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: ‘I am with you.’ I will save him in distress and give him glory. *(R)*



*Liturgy...*

**Second Reading Rom 10:8-13**

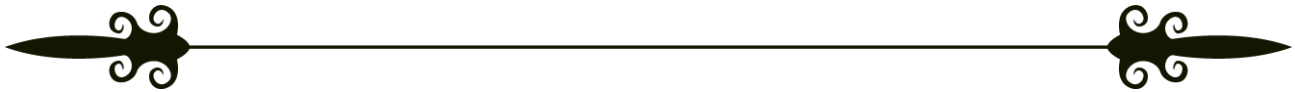
**A reading from the letter of St Paul to the Romans**

*The confession of faith of the believers in Christ.*

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

**The word of the Lord.**

**Response: Thanks be to God**

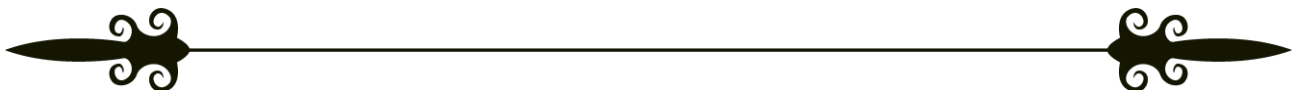


**Gospel Acclamation Mt 4:4**

**Praise to you, Lord Jesus Christ, king of endless glory!**

No one lives on bread alone, but on every word  
that comes from the mouth of God.

**Praise to you, Lord Jesus Christ, king of endless glory!**



*Liturgy...*

**Gospel Lk 4:1-13**

**A reading from the holy Gospel according to Luke**

***Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.***

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

**The Gospel of the Lord**

**Response: Praise to you Lord Jesus Christ**



<b>Weekend Mass</b>	Saturday Vigil: 6.00pm Sunday: 7.00am, 9.00am, 10.30am (Solemn High Mass); 12.15pm Latin Mass in the extraordinary form; 6.00pm Mass
<b>Weekday Mass</b>	Monday to Friday: 6.45am, 1.10pm & 5.30pm Saturday: 9.00am & 12noon Public Holidays: 9am (or as advertised)
<b>Reconciliation</b>	Monday-Friday: 12noon - 1.00pm & 5.00pm - 5.25pm Saturday: 11.30am - 11.55am, 4.30-5.30pm
<b>Vespers (Evening Prayer)</b>	Saturday: 5.30pm Sunday: 5.00pm (with Benediction of the Blessed Sacrament)
<b>Stations of the Cross</b>	<b>Fridays @ 4.30pm: March – 08, 15, 22, 29 &amp; April – 05, 12</b>

**\*\*COELIACS:** Special Provision is made for Coeliacs at the Cathedral. Those who are gluten intolerant may receive communion either from the Chalice or with a gluten low host. Application should be made to the Sacristan before Mass.

<b>CATHEDRAL CLERGY</b> <i>Archbishop Anthony Fisher OP</i> <i>Father Donald Richardson, Dean</i> <i>Father Brendan Purcell</i> <i>Father Emmanuel Yoon Jae Seo</i> <i>Father Gerard Woo Ling</i>	<b>CATHEDRAL STAFF</b> <i>Chris Backhouse – Cathedral Sacristan</i> <i>Thomas Wilson – Director of Music</i> <i>Helen Morassut – General Manager,</i> <i>St Mary's Cathedral Precinct</i>
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**SUBSCRIBE TO THE NEW LOOK CATHOLIC WEEKLY  
OR PURCHASE A COPY FOR \$2.**

**ELECTRONIC COLLECTION PLATES**

The option to make an offering via credit card is available at this mass.



Please note: you can continue to donate with cash  
or pass the plate on.

## CATHEDRAL NOTICES .....

**PLEASE NOTE: Stations of the Cross a special devotion commemorating the journey of Christ to his Crucifixion and burial is prayed every Friday in Lent at 4.30pm.**

### **PRAY FOR THE PLENARY COUNCIL**

Across Australia, Catholics are gathering to pray, talk and listen to one another about our experiences of faith and the Church. Many parishes within the Archdiocese have commenced their journey towards the Plenary Council 2020, sharing and reflecting on the future of the Catholic church in Australia. Please continue to pray for the community of the Sydney Archdiocese that we will respond well to the call of the Holy Spirit, by engaging in the preparatory phase of the Plenary with open and humble hearts, listening to what the Spirit is saying to each one of us as we share our experiences of faith towards the preparation of the agenda of the Plenary Council. The Plenary Council Prayer: <http://plenarycouncil.catholic.org.au/pray/> Want to know more or on how to become involved? Please contact **9390 5147** or email [plenarycouncil@sydneycatholic.org](mailto:plenarycouncil@sydneycatholic.org).

**FREE SUNDAY TOUR OF ST MARY'S CATHEDRAL:** Our tour guides would love to take you through the history of the Mother Church for Australian Catholics with a **free tour every Sunday after the 10:30am Solemn Choral Mass**. Please look out for the tour guide next to the organ console after Mass. All are welcome!

**JAMBEROO ABBEY – WOMEN IN LEADERSHIP RETREAT JULY 04 – 07 2019.** Benedictine Abbey, 695 Mountain Road, Jamberoo. Arrive 04 July afternoon and leave 07 July after lunch. \$300.00 for talks and accommodation. Bookings: 02 4236 0533 or [cottageretreats@jamberoobbey.org.au](mailto:cottageretreats@jamberoobbey.org.au).

**HEALING AFTER ABORTION.** Rachel's Vineyard Retreats offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non-judgemental environment. Confidential contact 0400 092 555 or [info@rachelsvineyard.org.au](mailto:info@rachelsvineyard.org.au). 2019 retreats at Varroville, NSW 05 – 07 April and 25 – 27 Oct.

**ST PATRICK'S DAY MASS.** Please find attached invitations from Bishop Terry Brady to join him for the Annual St Patrick's Day Mass on 17 March 2019 and 18 March 2019. The Masses will take place at **St Patrick's Church Hill on Sunday, 17 March 2019** commencing at 12.00pm and in **St Mary's Cathedral, Sydney on Monday, 18 March 2019** commencing at 10:30am.

**EMBRACE, YOUNG ADULTS GROUP.** Embrace is St Mary's group for young adults aged 18-35 yrs from all cultures and backgrounds. We meet every Sunday after the 6.00pm Mass at St Mary's Cathedral House, adjacent to the Cathedral. Our activities and youth projects are designed to support spiritual development and encourage active practice of our faith. For **10 March** Embrace will mark the first Sunday of Lent with a group reflection on a chosen passage of the Holy Scriptures (Lectio Divina). You are welcome to join. Please call/text Embrace Coordinator on **0404 008 870** or write to [embrace@stmaryscathedral.org.au](mailto:embrace@stmaryscathedral.org.au) for enquiries.

**TOWN HALL HOUSING ASSEMBLY.** The Archdiocese of Sydney is joining with our partners Vinnies (NSW), Sydney Alliance and the Everybody's Home Campaign and 2000 citizens to advocate for a fairer affordable housing system in Sydney. This will be the largest event for affordable housing that our city has ever seen and it would be great to have as many Catholic parishioners there as possible. If you would like to attend, please register, indicating that you are representing the Catholic Archdiocese of Sydney: <https://www.sydneyalliance.org.au/housing>. For more information or to organise a group from your parish to attend, please contact the Justice and Peace Office on **02 93078465** or [jpinfo@sydneycatholic.org](mailto:jpinfo@sydneycatholic.org). **Thurs, 14 March 2019. 6:30pm-8:30pm Sydney Town Hall.**



**THE BISHOP'S BLEND.** Looking to network with other young Catholic professionals and learn how to live your faith in the workplace? Then join the Most Reverend Bishop Richard Umbers, Auxiliary Bishop of Sydney on **Monday, 11 March 2019** at **7.00am** at the **Radisson Blu Plaza Hotel Sydney** for The Bishop's Blend, a quarterly breakfast series for young professionals. Online booking is essential. For more information and to purchase tickets go to <https://thebishopsblendseventhedition.eventbrite.com.au> or contact us at [bishopsblend@sydneycatholic.org](mailto:bishopsblend@sydneycatholic.org).

**DEANERY MEN'S BREAKFAST.** Calling all Men! We all need the supportive brotherhood of other good men. Come and find out more about men's ministry in Sydney archdiocese. Find out how you can start or join a local men's group in your area with support from us. Hosted by St. Christopher's Parish Panania, hear from Robert Haddad from Sydney Catholic Schools on his experience of Catholic brotherhood and what helped him connect with his faith as a young man. Mass and adoration of the Blessed Sacrament with Bishop Anthony Randazzo. **Saturday, 16 March**, 8am Exposition and Adoration, 8.30am Mass celebrated by Bishop Randazzo, 9.30am BBQ breakfast. St. Christopher's Parish, 233 Tower St. Panania. \$10 per person. **Register:** [www.trybooking.com/BAACH](http://www.trybooking.com/BAACH) **More Info:** [christopher.gordon@sydneycatholic.org](mailto:christopher.gordon@sydneycatholic.org) **Ph: 9307 8402**

**'OF LIFE AND LOVE'- MARRIAGE PREPARATION COURSE.** The Catholic Archdiocese of Sydney is offering marriage preparation courses for engaged couples preparing for the Sacrament of Marriage. Each course will be held over 3 consecutive Wednesdays. 2019 dates include: **13, 20, 27 March** (Venue: Dooleys Club, Lidcombe – Banksia Room) and **16, 23, 30 October** (The Assisi Centre, Lidcombe). To book online visit <https://www.trybooking.com/ZWSU> or contact [LMFEvents@sydneycatholic.org](mailto:LMFEvents@sydneycatholic.org).

**DAY OF THE UNBORN CHILD: "I will not forget you, I have carved you on the palm of my hand." Isaiah 49.** The Family and Life Institute are holding their annual Day of the Unborn Child rally on **Sunday, 24 March**. This is a day of celebration and remembrance of the dignity of the unborn. It is also a day to remember the millions of unborn children whose lives have been ended by abortion. Join us to witness to the sanctity of human life! **10.30am Mass** at St. Mary's Cathedral, **12pm Angelus**, followed by a peaceful procession through the streets of the CBD led by Bishop Anthony Randazzo. **1.30pm Benediction** at St. Mary's Cathedral.

**THE BOY CHORISTERS OF ST MARY'S CATHEDRAL CHOIR** join forces with the Song Company soloists Susannah Lawergren and Anna Fraser to present *Bach, Sorrow and Joy*. This concert, held in St Mary's Cathedral Crypt, features Bach's arrangement of Pergolesi's famous and enduring *Stabat mater* as well as Bach's most substantial motet, the eleven-movement *Jesu, meine Freunde*. **Friday, 29 March 2019 - 7pm & Sunday, 31 March - 2pm.** Tickets \$60 (concession available): <http://the.song.company/Bach-sorrow-joy/>.

**YOU ARE CALLED TO MISSION – PALMS AUSTRALIA GLOBAL VOLUNTEERING.** Communities in Myanmar, PNG, Samoa, Timor Leste, Kiribati and Kenya seek volunteers to mentor locals and build capacity. Overseas Catholic communities are inviting you to immerse yourself for 1 to 2 years. If you have teaching, medical, business, admin or trade skills share your valuable skills with our global family. **Info Session: Thursday, 21 March @ 5:30pm Aquinas Academy, 141 Harrington Street, The Rocks,**

**CHOCOLATE PASCHAL LAMBS.** Fundraising for Michaelites, PNG. **Orders accepted until 09 April 2019.** Contact: [parish@holyspiritnorthryde.org.au](mailto:parish@holyspiritnorthryde.org.au) to place orders.



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# STATIONS OF THE CROSS

at

## ST MARY'S CATHEDRAL



**\*INFORMATION ON IMAGE:**

*The Carrying of the Cross Window – 4th Sorrowful  
Mystery of the Rosary.*

Positioned on the Eastern side of the Cathedral.

The image depicts Jesus being forced to carry his cross uphill to  
the place of execution.

*“You are welcome to join us  
for Stations of the Cross,  
a special devotion that  
commemorates Jesus Christ’s  
suffering and death for  
our sake”.*

Fr Don Richardson,  
DEAN OF ST MARY'S CATHEDRAL

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DATE: FRIDAYS  
8 MARCH, 15 MARCH,  
22 MARCH, 29 MARCH, 5 APRIL  
& 12 APRIL  
TIME: 4.30PM

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**ABOUT STATIONS OF THE CROSS:**  
The Stations of the Cross is a special devotion that  
commemorates the journey of Christ to his  
Crucifixion and burial.

St Mary's Cathedral has 14 stations arranged in  
order in which we visit to commemorate and pray.  
The stations are magnificent oil paintings painted  
in France, which were acquired by Cardinal Moran  
in 1885 during a visit to Europe.

# Day of the Unborn Child

... I will not forget you. I have carved you on the palm of my hands - *Isaiah 49*

Sydney, Sunday  
24 Mar 2019

**10:30am Mass**

St Mary's Cathedral, Sydney

**12 noon**

Angelus, followed by a prayerful procession through the streets of Sydney led by Most Rev Bishop Anthony Randazzo

**Most Rev  
Bishop  
Anthony  
Randazzo**



**1:30pm**

Benediction at  
St Mary's Cathedral

The Feast of the Annunciation is internationally recognised as the **Day of the Unborn Child**. It marks the day Our Lord Jesus Christ became a tiny unborn child in His mother's womb. It is a day of celebration and remembrance of the dignity of the unborn. It is also a day to remember the millions of unborn children whose lives have been ended by the violence of abortion.

**Join us to witness to the sanctity of human life!**

A project of  
**Life and Family Institute Pty Ltd**  
Ph 02 9002 0354 [lifeandfamily.com.au](http://lifeandfamily.com.au)  
[info@lifeandfamily.com.au](mailto:info@lifeandfamily.com.au)







"What a truly wonderful performance! ...this was one of the best performances of this work I have ever heard...  
spine tinglinglicious."  
(AUSTRALIAN STAGE)

# ***Bach, Sorrow and Joy***

Giovanni Battista Pergolesi *Stabat mater* arr. J.S. Bach  
as *Tilge, Höchster, meine Sünden* BWV 1083  
J.S. Bach *The Art of Fugue / Contrapunctus XIX*  
J.S. Bach *Jesu, meine Freude*

**The Song Company**  
**The Choir of St Mary's Cathedral, Sydney**

directed by  
Thomas Wilson & Antony Pitts

**Crypt of St Mary's Cathedral, Sydney**  
**Friday 29 March 2019 - 7pm**  
**Sunday 31 March 2019 - 2pm**



tickets: [www.song.company/Bach-sorrow-joy](http://www.song.company/Bach-sorrow-joy)





# EASTER AT ST MARY'S CATHEDRAL

*"I invite you to join us as we  
commemorate the saving  
Passion, Death and Resurrection  
of Jesus Christ, celebrated in the  
sacred Liturgies of Holy Week".*

Fr Don Richardson,  
DEAN OF ST MARY'S CATHEDRAL

## **PALM SUNDAY / 14 APRIL, 2019**

7.00am: Mass  
9.00am: Mass  
10.15am: Procession & Solemn Mass  
12.15pm: Low mass (Extraordinary Form)  
5.00pm: Solemn Vespers and Benediction  
6.00pm: Mass

## **MAUNDY THURSDAY / 18 APRIL, 2019**

10.30am: Chism Mass  
6.30pm: Mass of the Lord's Supper  
9.00pm: Compline The Office of Night Prayer

## **GOOD FRIDAY / 19 APRIL, 2019**

10.00am: Stations of the Cross  
3.00pm: Celebration of the Passion of the Lord

## **HOLY SATURDAY / 20 APRIL, 2019**

10.00am: Tenebrae The Office of Readings  
6.00pm: Easter Vigil

## **EASTER SUNDAY / 21 APRIL, 2019**

7.00am: Mass  
9.00am: Mass  
10.30am: Solemn Mass  
12.15pm: Low Mass (Extraordinary Form)  
5.00pm: Solemn Vespers and Benediction  
6.00pm: Mass